

**KAILASH MANASAROVAR YATRA - 2015 : ITINERARY****TENTATIVE DAY-TO-DAY PROGRAMME FOR THE YATRA VIA NATHU LA IN SIKKIM**

STAY IN DELHI			DISTANCE	TRANSPORT	ALTITUDE #	Batch 1	Batch 2	Batch 3	Batch 4	Batch 5	
First arrival of yatris in Delhi.						13-Jun	13-Jul	19-Jul	25-Jul	31-Jul	
Medical at DHLI; Passport collection; Apply for Chinese visa.						14-Jun	14-Jul	20-Jul	26-Jul	01-Aug	
Medical at ITBP.						15-Jun	15-Jul	21-Jul	27-Jul	02-Aug	
MEA Briefing; Pay fees; Collect Visa; Foreign Exchange.						16-Jun	16-Jul	22-Jul	28-Jul	03-Aug	
1	Delhi	Gangtok	via Bagdogra	1115+125	Air+Bus	1600 5200	17-Jun	17-Jul	23-Jul	29-Jul	04-Aug
2	Gangtok	15th Mile	Acclimatization	25	Bus	3050 10400	18-Jun	18-Jul	24-Jul	30-Jul	05-Aug
3	15th Mile	Stay	Acclimatization	-	-	3050 10400	19-Jun	19-Jul	25-Jul	31-Jul	06-Aug
4	15th Mile	Sherathang	Acclimatization	20	Bus	4115 13500	20-Jun	20-Jul	26-Jul	01-Aug	07-Aug
5	Sherathang	Stay	Acclimatization	-	-	4115 13500	21-Jun	21-Jul	27-Jul	02-Aug	08-Aug
6-1	Sherathang	Kangma	via Nathu La	200	Bus	4176 13700	22-Jun	22-Jul	28-Jul	03-Aug	09-Aug
7-2	Kangma	Lazi	-	295	Bus	4053 13297	23-Jun	23-Jul	29-Jul	04-Aug	10-Aug
8-3	Lazi	Zhongba	-	477	Bus	4728 15512	24-Jun	24-Jul	30-Jul	05-Aug	11-Aug
9-4	Zhongba	Darchen	Ashtapad	475	Bus	4670 15322	25-Jun	25-Jul	31-Jul	06-Aug	12-Aug
10-5	Darchen	Qugu	Manasarovar Parikrama	80	Bus	4620 15157	26-Jun	26-Jul	01-Aug	07-Aug	13-Aug
11-6	Qugu	Stay	Manasarovar Parikrama	-	-	4620 15157	27-Jun	27-Jul	02-Aug	08-Aug	14-Aug
12-7	Qugu	Deraphuk	via Darchen, Yam Dwar On Kailash Parikrama	87+12	Bus+Trek	5060 16600	28-Jun	28-Jul	03-Aug	09-Aug	15-Aug
13-8	Deraphuk	Zunzhui Pu	via Dolma Pass On Kailash Parikrama	19	Trek	4780 15680	29-Jun	29-Jul	04-Aug	10-Aug	16-Aug
14-9	Zunzhui Pu	Zhongba	via Darchen	5+485	Trek+Bus	4728 15510	30-Jun	30-Jul	05-Aug	11-Aug	17-Aug
15-10	Zhongba	Lazi	-	477	Bus	4053 13297	01-Jul	31-Jul	06-Aug	12-Aug	18-Aug
16-11	Lazi	Kangma	-	295	Bus	4176 13700	02-Jul	01-Aug	07-Aug	13-Aug	19-Aug
17	Kangma	Sherathang	via Nathu La Customs check	200	Bus	4115 13500	03-Jul	02-Aug	08-Aug	14-Aug	20-Aug
18	Sherathang	Gangtok	-	45	Bus	1600 5200	04-Jul	03-Aug	09-Aug	15-Aug	21-Aug
19	Gangtok	Delhi	via Bagdogra	125+1115	Bus+Air	215 705	05-Jul	04-Aug	10-Aug	16-Aug	22-Aug

\* h/c = CST = Chinese Standard Time | IST = Indian Standard Time | ITBP = Indo-Tibetan Border Police Force |  
MEA = Ministry of External Affairs | h = hour | KM = Kilometre.

\*\* **Note:** Yatris will have opportunities to break their journeys for breakfast, lunch, sightseeing, etc,  
at above-mentioned points VIA which they travel to the points of ARRIVAL for night halt.

# ALTITUDES (approximately): (a) Charansparsh: 5340 m or 17520 ft; (b) Dolma Pass: 5600 m or 18400 ft; (c) Ashtapad: 5110 m or 16770 ft;  
(d) Yam Dwar: 4810 m or 15780 ft.