

## Embassy of India

### Ashgabat

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### **5<sup>th</sup> International Day of Yoga celebrations in Turkmenistan**

Embassy of India celebrated the 5<sup>th</sup> International Yoga Day at the Ashgabat Centre for Yoga and Traditional medicine in Ashgabat on 15<sup>th</sup> June 2019. Turkmen Minister for Health and Medical Industry Amanpesov was the Chief Guest of the occasion. Ambassador addressed the gathering and stressed on the benefits of Yoga for mankind followed by the Chief Guest's address.

The speeches were followed by felicitation of winners of the Yoga Quiz held on 8<sup>th</sup> June and the common Yoga protocol session. Advanced Yoga demonstrations and aerial yoga performances were held by the Indian Yoga teachers and senior Yoga performers, who held the attention of audience with a remarkable degree of skill and flexibility.

Around 750 Yoga enthusiasts including representatives from the Diplomatic corps and Turkmen government participated in the event. Special Yoga T-shirts were printed and distributed to all the participants. Some of the photographs of the event are below:













