

### **My Life My Yoga Prize distribution.**

High Commission of India organised the prize distribution ceremony for the My Life My Yoga video blogging contest on Friday 17<sup>th</sup> July at the High Commission of India. My Life My Yoga video blogging contest is a global contest being organised by the Ministry of AYUSH, Government of India to promote Yoga in day to day lives of individuals.

The High Commission of India in Seychelles organised the local chapter of the contest in which it received tremendous participation and response of people from all quarters of life, thus showcasing the enormous popularity of Yoga in Seychelles. The contests were held in 6 categories:- Youth Male, Youth Female, Adult Male, Adult Female, Professional Male and Professional Female. In each category three prizes 1st, 2nd and 3<sup>rd</sup> were awarded. The 1st prize carries an award of 2000 SCR, the 2nd prize is 1500 SCR and the 3<sup>rd</sup> is 1200 SCR. The winners were selected by a panel of 3 judges evaluating independently- Chairman of JeoJyoti Foundation and Yoga enthusiast- Mr Surya Khanna, Yoga Teacher Dr.LalitaSancheti and Second Secretary Harsh Chirania.

High Commissioner of India Gen. Dalbir Singh Suhag presented the prizes to the winners as follows:

<b>Category</b>	<b>Rank</b>	<b>Winner</b>
Male Youth	First	Shubranshu Singh
Male Youth	Second	Jenil Sindhav
Male Youth	Third	Kartik Sharma
Female Youth	First	Eli Mondon
Female Youth	Second	Amil Gem Du
Female Youth	Third	Vanshika Parikh
Female Youth	Third	Samaira Goyal
Male Adult	First	Nishesh Parikh
Male Adult	Second	Ketan Shah
Male Adult	Third	Shashikant Goyal
Female Adult	First	Neelu Singh
Female Adult	Second	Brenda
Female Adult	Third	Natasha
Male Yoga Professional	First	Steev Thelermont
Male Yoga Professional	Second	Kerly Soomery
Female Yoga Professional	First	Adriana Auguste
Female Yoga Professional	Second	Burigitta Rose
Female Yoga Professional	Third	Josette Ruiz

The winners from Seychelles qualify to participate in the global round with prizes of upto 2500 USD for the winners.

The photographs of the ceremony may be seen below.

High Commission of India in Seychelles organised the prize distribution ceremony for the My Life My Yoga video blogging contest on Friday 17<sup>th</sup> July 2020.



High Commissioner of India, Gen. Dalbir Singh Suhag giving away the prizes to the winners of My Life My Yoga Video Blogging Contest held in Seychelles.



High Commissioner of India, Gen. Dalbir Singh Suhag giving away the prizes to the winners of My Life My Yoga Video Blogging Contest held in Seychelles.



High Commissioner of India, Gen. Dalbir Singh Suhag giving away the prizes to the winners of My Life My Yoga Video Blogging Contest held in Seychelles.



High Commissioner of India, Gen. Dalbir Singh Suhag speaking on the occasion of prize distribution ceremony held on Friday 17<sup>th</sup> July 2020 for the My Life My Yoga video blogging contest organized by the High Commission of India in Seychelles.

