

Programme for 'YOGA Week' in Azerbaijan (21– 26 June 2016)

Day/ Date	Time	Event/ Venue	Coordinator	Description
Tuesday, 21 June 2016	Morning Session 0800 hrs	Inaugural Session at Ateshgah at Surakhani	Shivananda School of Yoga Elchin- 0504308263	Yoga Session in famous Fire Temple "Ateshgah" Surkhani
	0900 hrs.	Talk on Yoga & International Yoga day at ASAN Radio	Art of Living Foundation	Talk on Yoga at ASAN Radio
	Evening Session 1800 hrs	Open- Air Yoga Session at Icheri Seher, 78 Kickek Qala at 6.15 p.m.	Art of Living Foundation Kanan 0504314201	All are invited to join in the open air Yoga Session in Icheri Seher.
Wednesday, 22 June 2016	Yoga Session 1200- 1300 hrs	Aquatic Palace, Big Hall, Add: 15, Academic Ahad Yagubov str, , Sabail dist., Baku, AZ1000	Elshad Rahimov 050 647 09 09 elshad.ragimov@gmail.com	Open Event
Thursday 23 June 2016	Yoga Workshop	Embassy of India	Bharat Thakur Artistic Yoga.	Participation by invitation
	Yoga Session on TV (1000-1200 hr)	Talk on Yoga & demonstration at KEPEZ TV Studio, Ganja	Art of Living Foundation	
	Yoga Session 2-3 pm	Ganja Olympic Sports Centre	Kanan 0504314201 Art of Living Foundation	Open Event
Friday 24 June 2016	Raja yoga Demonstration and Practise 5.00 – 7.00 pm	YOGA SHAHI Yoga Studio	Olga 0554829547 Brahma Kumaris World Spiritual University	Participation by invitation
Saturday 25 June 2016	Yoga Session 5.00 PM onwards	Park Boulevard Mall	Kanan 0504314201 Art of Living Foundation & Sabina 0503100235 YOGA SHAHI	Open Event
	Yoga Session	Gobustan	Sabina 0503100235 Yoga Shahi	Participation by invitation
Sunday, 26 June 2016	Morning and Evening Sessions and Indian Cultural Day	YARAT, Boulevard, Baku	Lana 0502409262 YARAT Contemporary Art Space, Sabina 0503100235 YOGA SHAHI	Open air Yoga events on the lawn of YARAT Contemporary Art Space at the New Boulevard (Near Flag Square on the Boulevard
	Indian Day Programme on 26 June at YARAT Contemporary Art Space will start with morning Yoga Session at 6.30 am. During the day, there will be free classes in various yoga traditions by different yoga teachers and lectures about healthy life styles, beauty, Ayurveda, nutrition and self-development. An open- Air Yoga Session in Evening will conclude with a Indian Cultural Evening and Food Festival.			