



सत्यमेव जयते

**Embassy of India
Jakarta**

PRESS RELEASE

International Day of Yoga Celebrations in Yogyakarta

The International Day of Yoga was celebrated at the historic Prambanan Temple with enthusiasm and fervour in Yogyakarta, Indonesia on 26 June 2016. Despite Ramadan, yoga enthusiasts reached venue much before the Yoga time in the evening. The event started at 1600 hrs. with welcome remarks from Pak Ricky, Director of Prambanan Temple followed by special address by H.E. Nengcha Lhouvum, Ambassador of India to Indonesia and Timor Leste. She spoke briefly about Yoga, its origin, and how it can help in creating harmony between man, society and his environment. It was followed by set of yoga protocol which was performed by all participants. The venue of the event, Prambanan Temple wore festive look as large number of people, donning white T-shirts with colourful logos of International Day of Yoga gathered to celebrate festival of health and well-being along with several high ranking Indonesian dignitaries, including representatives from the office of Governor of Yogyakarta, University of UGM, Atma Jaya and may celebrities Didik Nini Thowok , a well-known Indonesian dancer, Anjasmara, a well-known actor and Yoga enthusiast participated in the event. Close to 3,000 people participated in the event. The event was organized by Embassy of India in cooperation with management committee of Candi Prambanan Temple, Indian companies TATA Group and GVK Airports, Yogyakarta City Government and Yoga partners from Indian Council of Cultural Relations and Art of Living. Huge numbers of Indonesian girl and boys joined in what turned out to be a historical and memorable day as it was first time at the complex of Candi Prambanan Temple.

The International Day of Yoga attracted large number of participants which proves the acceptability of Yoga across the globe and its ability to provide solutions to the modern life-style diseases and to create enabling environment for universal peace, harmony and well-being. At the end of event young participants did not miss taking selfies and photographs with Indian Ambassador, Indonesian dignitaries and Yoga gurus.

Jakarta: 27 June 2016



Anjasmara, a well-known actor and Yoga enthusiast doing yoga



People participated in the event