

No. U-15021/1/2024-UGMEB (e-8264469)  
भारत सरकार /Government of India  
राष्ट्रीय आयुर्विज्ञान आयोग /National Medical Commission  
(O/o Secretary)

Sector-8, Dwarka  
New Delhi-110077  
01-04-2026

To,  
Students seeking admission in Under-Graduate Medical Courses in Foreign Institutes/  
Universities

**Subject:** Advisory for Indian Students Seeking Admission to Foreign Institutes/ Universities for  
Undergraduate Medical Courses in **Uzbekistan** - reg

Reference is invited to Alert Note No. U-15021/1/2024-UGMEB (e-8264469) [copy enclosed] dated 01-04-2026 issued by the Under-Graduate Medical Education Board (UGMEB) on the above subject matter being self explanatory inter-alia (i) inviting references to its earlier Public Notices/Advisory/Alert Note dated 08-08-2023, 22-11-2024, 19-05-2025 and 21-07-2025 and (ii) reiterating the need for students and parents to carefully follow the prescribed guidelines and exercise utmost caution while seeking admission to foreign medical institutions.

2. All concerned stakeholders are advised to take note of the above Advisory and ensure compliance.

Dr. Raghav Langer/ डा. राघव लंगर  
Secretary/ सचिव

Encl: As above

Copy to:

- i. ACS/ Pri. Sec/ Secretary, Department of Medical Education in All States/UTs
- ii. Directorate of Medical Education of All States/UTs
- iii. Sr.PPS to Chairman, NMC
- iv. PPS to Addl. Secretary (ME), Ministry of Health & FW, Govt of India
- v. PPS to President (PGMEB/MARB/UGMEB/EMRB), NMC
- vi. PS to Dy. Secretary (UGMEB), NMC
- vii. IT Division - for uploading to NMC Website & X handle
- viii. Guard File

Digitally signed by  
Dr.Raghav Langer  
Date: 01-04-2026  
19:55:23

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फेक्स/Fax : 0091-11-25367024  
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राष्ट्रीय आयुर्विज्ञान आयोग  
National Medical Commission  
(Under Graduate Medical Education Board)

No.U-15021/1/2024-UGMEB (8264469)

1<sup>st</sup> April, 2026

**ALERT NOTE**

**Subject: Advisory for Indian Students Seeking Admission to Foreign Institutes/Universities for Undergraduate Medical Courses in Uzbekistan**

Reference is invited to the National Medical Commission's (NMC) Public Notices dated 8th August 2023 and 22nd November 2024; Advisory dated 19th May, 2025 and Alert Note dated 21st July, 2025 respectively, wherein Indian students aspiring to obtain medical qualifications from foreign medical colleges/ institutions and subsequently seeking registration to practice medicine in India, were advised to ensure due diligence and follow strict compliance with the Foreign Medical Graduate Licentiate (FMGL) Regulations, 2021 notified on 18.11.2021, while taking admission in the foreign medical institutions/ colleges.

2. It has come to the notice of the Commission that several Indian students continue to seek admission in private medical colleges abroad that do not comply with the prescribed regulations. Such institutions often follow curricula, timelines, and training standards that are not aligned with those mandated in India. In this regard, through the aforementioned notices, alerts, and advisories, students aspiring to pursue medical education abroad have been cautioned against enrolling in foreign medical college's unauthorized medical colleges and offshore programs operating in violation of regulatory norms. They have also been advised to exercise due diligence before taking admission.

Accordingly, any deviation from the following requirements may result in disqualification from obtaining registration in India:

- Duration of the Course;
- Medium of Instruction;
- Syllabus and Curriculum;
- Clinical Training;
- Internship or Clerkship arrangements.

3. The NMC's Foreign Medical Graduate Licentiate (FMGL) Regulations, 2021, clearly define the standards for foreign medical education to become eligible to practice medicine in India.

**Key Requirements:**

- I. *Minimum 54 months of education in a single institution.*
- II. *12-month internship to be completed at the same foreign university.*
- III. *Clinical training must not be done in parts or across different countries.*
- IV. *Medium of instruction must be English.*

- V. Studied the mandatory subjects specified in the Schedule-I.
- VI. Registered with the respective professional regulatory body or otherwise, competent to grant license to practice medicine in their respective jurisdiction of the country in which the medical degree is awarded and at par with the license to practice medicine given to citizen of that country.

4. This alert is being issued specifically in relation to admissions sought by Indian nationals in medical institutions/ colleges in **Uzbekistan namely:**

- **Bukhara State Medical Institute (BSMI);**
- **Samarkand State Medical University (SSMU);**
- **Tashkent State Medical University (TSMU) and**
- **TIT Institute of Medical Sciences, Bangalore, an offshore campus of TSMU Termez Branch, situated in Bangalore, India**

The matter has been brought to the attention of the Commission through a communication from the Embassy of India in Tashkent, highlighting serious concerns regarding the quality and standards of medical education in the country, as well as alleged malpractices by agents facilitating such admissions. The following concerns have been flagged in the communication received from the Embassy of India in Tashkent (Uzbekistan):

- Reports that students are admitted beyond the intake capacity of the medical institute, compromising the quality of medical education;
- The students are not receiving hands on training owing to lack of communication as the medium of instruction is not English language, making it challenging for Indian Students;
- In addition to above, various such complaints are received in the Commission alleging serious violations of the Foreign Medical Graduate Licentiate (FMGL) Regulations, 2021 and related NMC advisories by **TSMU Termez Branch (Uzbekistan)** in association with **TIT Institute of Medical Sciences, Bangalore (offshore campus model)**. The Embassy has also shared testimonies of Indian students studying at Bukhara State University through a private contractor known as RARE Company.

5. In light of the communication from the Embassy of India in Tashkent (Uzbekistan), it is observed that many of the criteria laid under FMGL Regulations, 2021 are not being fulfilled therefore Indian citizens and Overseas Citizens of India (OCI) considering admission to MBBS or equivalent medical programs **in Uzbekistan or similar destinations** are advised to exercise extreme caution. Students governed by the FMGL Regulations, 2021 must ensure that the foreign medical institution they choose, fully complies with the regulatory requirements prescribed by the NMC. Failure to meet these requirements may result in, ineligibility for registration to practice medicine in India after completion of the course.

6. It is once again reiterated via this alert note that Students and parents are strongly advised as under:

- **Do not fall for fraudulent offers:** No institution can guarantee admission outside the prescribed process, including qualification in the NEET examination.
- **Verify before making any payment:** Ensure that the concerned institution is duly recognized and compliant with applicable regulations prior to committing or paying any fees.



- **Check recognition and compliance:** Carefully verify the recognition status of foreign medical universities and ensure adherence to the FMGL Regulations, 2021.
- **Avoid unverified agents:** Do not rely on unauthorized or unverified agents/intermediaries for securing admission.
- **Seek official guidance:** Consult the National Medical Commission and Indian diplomatic missions abroad, wherever necessary.
- **Report suspicious activities:** Any institution or individual offering illegal or misleading medical admissions should be reported to the National Medical Commission.

7. Failure to follow this advisory may result in ineligibility for medical registration in India. Stay in touch with NMC updates in the dedicated websites, consult the Indian Embassy of the concerned country for updates on recognition or blacklisting of institutions.

8. This issues with the approval of Competent Authority, NMC.

  
01/04/2026  
(Dharmender)

Deputy Secretary, UGMEB  
National Medical Commission

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राष्ट्रीय आयुर्विज्ञान आयोग  
**National Medical Commission**  
**(Under Graduate Medical Education Board)**

No.U-15021/1/2024-UGMEB (8264469)

21<sup>st</sup> July, 2025

**ALERT NOTE**

**Subject: Advisory for Indian Students Seeking Admission to Foreign  
Institutes/Universities for Undergraduate Medical Courses**

Reference is invited to the National Medical Commission's (NMC) Public Notices dated 8th August 2023 and 22nd November 2024, wherein Indian students aspiring to obtain medical qualifications from foreign institutions and subsequently seeking registration to practice allopathy in India, were advised to ensure strict compliance with the Foreign Medical Graduate Licentiate (FMGL) Regulations, 2021 notified on 18.11.2021.

Students were specifically cautioned that any deviation in the following areas may result in disqualification from obtaining registration in India:

- i. Duration of the course
- ii. Medium of instruction
- iii. Syllabus and curriculum
- iv. Clinical training
- v. Internship or clerkship arrangements.

2. Despite these advisories, it has been observed that Indian students continue to seek admission to foreign medical institutions which do not meet the required standards prescribed under FMGL Regulations, 2021. Recently, communications received from the Indian Embassy in Mexico and the Eurasia Division of the Ministry of External Affairs have highlighted serious concerns against the medical institutions in respect of the following:

- i. Lack of compliance with Indian medical education standards
- ii. Inadequate or non-existent university campus infrastructure
- iii. Poor quality of educational and clinical training facilities
- iv. Instances of harassment of Indian students
- v. Excessive fees being charged
- vi. Denial of fee refunds upon withdrawal from the course

3. In light of the advisories issued by the Indian Embassy in Mexico and Ministry of External Affairs (Eurasia Division), students are hereby strictly advised to avoid seeking admission in the below-listed institutions:

- i. **Central American Health and Sciences University**, Belize
- ii. **Columbus Central University**, Belize
- iii. **Washington University of Health and Sciences**, Belize
- iv. **Chirchik Branch of Tashkent State Medical University**, Uzbekistan

4. Failure to follow this advisory may result in ineligibility for medical registration in India. Further, it is also advised that before seeking admission to any foreign medical institute or university, the prospective students and their parents are strongly advised to carefully read the Alert/Advisory uploaded on the National Medical Commission (NMC) website dated 19th May 2025. The advisory contains critical information regarding recognized institutions, eligibility criteria, and other important guidelines.

5. All those students who are governed by FMGL Regulation, 2021 and undergo their studies in such institutes/universities; are advised that they may face disqualification from registration in India, due to non-compliance with the FMGL Regulations, 2021. The students need to consider and immediately evaluate, if their current university meets FMGL Regulations, 2021. Stay in touch with NMC updates in the dedicated website, consult the Indian Embassy of the concerned country for updates on recognition or blacklisting of institutions and immediately take corrective measure since FMGL Regulations are applied at the time of screening/registration.

6. This issues with the approval of Secretary, NMC.

Digitally signed by  
SUKH LAL MEENA  
Date: 21-07-2025  
09:47:31  
(Sukh Lal Meena)  
Director, UGMEB

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राष्ट्रीय आयुर्विज्ञान आयोग  
National Medical Commission  
(Undergraduate Medical Education Board)

New Delhi, dated the 8<sup>th</sup> August , 2023

PUBLIC NOTICE

**Subject :Advisory/alert for Indian students seeking admission in foreign Institutes/Universities for Undergraduate Medical Courses – reg.**

National Medical Commission published Foreign Medical Graduate Licentiate (FMGL) Regulations 2021 in the official gazette of India vide notification dated 18.11.2021 wherein the terms of duration of the study, medium of instructions, syllabus, clinical training or internship/clerkship etc. are prescribed. These conditions are mandatory for registration to practice allopathy in India.

2. It has been observed that the Institutes or Universities abroad are following the curriculum, time frame and training imparted to the students are not in consonance with NMC regulations being followed in India. Therefore, all the students who are desirous to obtain the medical qualification from any foreign medical institutions or universities and thereafter practice allopathy in India, are hereby advised to ensure that all conditions prescribed in FMGL are fulfilled before taking admission.
3. Any variation in duration, medium of instructions, syllabus, clinical training or internship/clerkship may lead to disqualification in grant of registration in India. In case of disqualification, the sole responsibility shall lie upon the candidate only.

This issues with the approval of President, UGMEB.

  
8/8/2023  
(Shambhu Sharan Kumar)  
Director, UGMEB



No.U-14021/01/2024-UGMEB  
Government of India  
National Medical Commission  
(Under Graduate Medical  
Education Board)



New Delhi, dated the           <sup>th</sup> November, 2024

### PUBLIC NOTICE

Subject: Advisory/alert for Indian students seeking admission in foreign institutes/Universities for Undergraduate Medical Courses - reg.

Reference is invited to Public Notice of even number dated 08.08.2023 on the above cited subject. It has come to the notice of this Commission that in spite of Advisory and Alert issued by NMC, several Indian students are seeking admission to private medical colleges abroad which do not adhere to regulations laid by National Medical Commission and the Institutes or Universities abroad are following the curriculum, time frame and training imparted to the students are not in consonance with NMC regulations being followed in India. It has also come to the notice of this Commission that many students still taking admissions to such Institutes/Universities.

2. National Medical Commission published Foreign Medical Graduate Licentiates (FMGL) Regulations, 2021 in the official gazette of India vide notification dated 18.11.2021 wherein the terms of duration of the study, medium of instructions, syllabus, clinical training or internship/clerkship etc. are prescribed. These conditions are mandatory for registration to practice allopathy in India.

3. In view of the above, all the students who are desirous to obtain the medical qualification from any foreign medical institutions or universities and thereafter practice allopathy in India, are hereby again advised to ensure that all conditions prescribed in FMGL are

fulfilled before taking admission.

4. Any variation in duration, medium of instructions, syllabus, clinical training or internship/clerkship may lead to disqualification in grant of registration in India. In case of disqualification, the sole responsibility shall lie upon the candidate only.

5. This issues with the approval of Competent Authority, UGMEB.

Signed by

Shambhu Sharan Kumar

Date: 22-11-2024 15:17:29

**(Shambhu Sharan Kumar)**  
**Director, UGMEB**

No. 23670-Legal-UGMEB (e-8285997)  
Government of India  
National Medical Commission  
O/o Secretary

Sector-8, Dwarka  
New Delhi-110075  
Date: 19-05-2025

**ADVISORY**

**Subject: Alert regarding unauthorised medical colleges and off-shore medical programs- regarding.**

Reference is invited to Advisory no. U-14021/UGMEB-2025/ dated 19-05-2025 (enclosed) to alert all concerned stakeholders against unauthorized medical colleges operating in the country without requisite approvals from NMC and misleading students and parents by claiming recognition and offering admissions in medical courses that are not legally sanctioned. The advisory lists some important points that need to be kept in mind while taking admission in a medical course in India & the rules to be followed by the students who intend to pursue medical education in foreign countries. All concerned stakeholders are requested to kindly take note of the same.

Encl.: As above

Digitally signed by  
Dr.Raghav Langer  
Date: 19-05-2025  
20:29:14

(Raghav Langer)  
SECRETARY

To,  
Medical Aspirants/Students, Parents and other stakeholders

Copy to:

- i. ACS/ Pr.Sec./ Secretaries/ Department/s of Medical Education in all States/ Union Territories; Directorate of Medical Education in all States/ Union Territories
- ii. PPS to Chairman, NMC
- iii. Director (UGMEB), NMC
- iv. DMMP-I System Integrator- for uploading to NMC Website for wide publicity.
- v. Guard File

दूरभाष/Phone: 25367033, 25367035, 25367036 फेक्स/Fax : 0091-11-25367024 ई-मेल/E-mail: ug@nmc.org.in.	पाकेट -14, सेक्टर-8, द्वारका, फेस-1, नई दिल्ली-77 Pocket- 14, Sector- 8, Dwarka, Phase – 1, New Delhi-77
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राष्ट्रीय आयुर्विज्ञान आयोग  
National Medical Commission  
(Undergraduate Medical Education Board)

U-14021/UGMEB-2025/

Date: 19th May, 2025

**ADVISORY**

**SUBJECT: ALERT REGARDING UNAUTHORISED MEDICAL COLLEGES  
AND OFF-SHORE MEDICAL PROGRAMS- Reg**

The National Medical Commission (NMC) has observed few instances of unauthorized medical colleges operating in the country, without requisite approvals. These institutions are misleading students and parents by claiming recognition and offering admissions in medical courses that are not legally sanctioned.

The important points that need to be kept in mind while taking admission in a medical course are:

**1. NMC APPROVAL IS MANDATORY**

Only the medical colleges listed on the official NMC website (<https://www.nmc.org.in/information-desk/college-and-course-search/>) are legally permitted to offer MBBS and other medical degree programs in India. Institutions not appearing in the NMC's official list are **unauthorised** and are operating in **violation of NMC regulations**. The Commission ensures to update the list on regular basis.

**2. INSTITUTIONS UNDER SCRUTINY**

**a. Singhania University, Rajasthan**

The university has come under legal scrutiny for allegedly offering MBBS courses without NMC recognition. The issue is under challenge in a matter titled "Ranjana Jangra and ors v State of Rajasthan and ors, SBCWP NO 7682/2022, which is currently under adjudication before the Hon'ble Rajasthan High Court.

It is important to note that the former Board of Governors, through public notices dated 30.10.2019 and 03.08.2020, sought to alert the General Public about fraudulent practices by **Singhania University**, which invited applications for the MBBS course without obtaining the necessary permission or recognition from the Board.

Subsequently, the National Medical Commission (NMC), through a public

notice dated 28.10.2022, reiterated this warning and advised the public to verify the status of any medical college on the NMC website before seeking admission.

**b. Sanjiban Hospital and Medical College, Howrah, West Bengal**

The NMC has come to know about this institution running a medical course without authorisation from the Commission. Legal action against said college is being taken.

**3. RULES TO BE FOLLOWED FOR THE STUDENTS WHO INTEND TO PURSUE MEDICAL EDUCATION IN FOREIGN COUNTRIES:**

The NMC's Foreign Medical Graduate Licentiate (FMGL) Regulations, 2021, clearly define the standards for foreign medical education to become eligible to practise medicine in India.

Key Requirements:

- a. Minimum 54 months of education in a single institution.
- b. 12-month internship to be completed *at the same foreign university*.
- c. Clinical training must not be done in parts or across different countries.
- d. Medium of instruction must be English.
- e. Studied the mandatory subjects specified in the Schedule-I.
- f. Registered with the respective professional regulatory body or otherwise, competent to grant license to practise medicine in their respective jurisdiction of the country in which the medical degree is awarded and at par with the license to practise medicine given to citizen of that country.

It is firmly advised that for detailed requirements, Schedule I of the **Foreign Medical Graduate Licentiate Regulation, 2021 (FMGL Regulation 2021)** shall be complied with, to apply for a licence or permanent registration to practise in India.

Further, no Foreign Medical Graduate shall be granted permanent registration, unless he/she has undergone supervised internship in India for a minimum term of twelve months, after applying for the same to the Commission. Foreign Medical Graduates who fail to comply with these regulations may lead to disqualification for registration to practice medicine in India.

**4. RISK OF DISQUALIFICATION**

Students graduating from non-compliant institutions will be held **ineligible for licensing exams i.e. FMGE** in India. The onus of this disqualification lies solely with the student, as per the regulations of the Commission.

**5. HOW TO VERIFY THE LEGITIMACY OF A MEDICAL INSTITUTION**

- a. Visit the NMC official website and check the list of recognised medical colleges in India.
- b. Contact NMC directly for verification, especially if you're presented with recognition letters or direct admission offers.
- c. Do not rely on college websites or advertisements alone.

d. The NMC **does not conduct direct admissions** to any medical college.

6. **IMPORTANT ADVICE FOR STUDENTS AND PARENTS**

- a. **DO NOT FALL FOR FAKE OFFERS:** No college can guarantee admission outside of official channels, i.e., NEET Examination
- b. **VERIFY BEFORE YOU PAY:** Confirm approvals before making any payments or committing to a program.
- c. **REPORT SUSPICIOUS ACTIVITY:** If you know any institution illegally offering medical admissions, report them to NMC.

7. **CONTACT THE NMC**

In case of any query regarding the recognition status of the institution, parents/students/stakeholders are requested to reach out on the following contact details:

*Phone: +91-11-25367033*

*Website: [www.nmc.org.in](http://www.nmc.org.in)*

8. The medical aspirants and their families are strongly advised to stay **vigilant, as the same** is essential to protect oneself and the integrity of the Indian medical education system.

9. This issues with the approval of Secretary, NMC.

Digitally signed by  
Sukh Lal Meena  
Date: 19-05-2025  
09:47:56  
(Sukh Lal Meena)  
Director, UGMEB