



**RTI matter/ Time Bound**

Government of India  
Ministry of External Affairs  
New Delhi

**08 July 2024**

**No. E-551/Misc-1/2017-RTI**

**Subject: Information sought under Right to Information Act, 2005**

Please refer to your RTI request registration no. MOEAF/R/E/24/00763 dated 06 June 2024, which was received at the undersigned CPIO on 07 June 2024.

2. With respect to the information sought, kindly find attached with this reply the pertinent documents.
3. It is also stated that under the provisions of RTI Act 2005, a CPIO/ Public Authority is under obligation to provide an applicant only that information which exists in records and that which is held by or under the control of that authority.
4. If you are aggrieved with this reply, you may file an appeal to Shri Aniket Govind Mandavgane, Director (East Asia) & Appellate Authority, Room No. 183B, South Block, Ministry of External Affairs, New Delhi - 110011, within one month from the date of receipt of this letter.

Yours faithfully,

(Sidharth Babu)  
US (East Asia) & CPIO  
Room no. 255 B, South Block,  
New Delhi - 110011  
Telefax: 23086761  
Email: [dschina@mea.gov.in](mailto:dschina@mea.gov.in)

**Encl:** As above

**Copy to:** US (RTI), JNB, MEA, New Delhi

## RTI REQUEST DETAILS (आरटीआई अनुरोध विवरण)

Registration Number (पंजीकरण संख्या) : MOEAF/R/E/24/00763 Date of Receipt (प्राप्ति की तारीख) : 06/06/2024

Type of Receipt (रसीद का प्रकार) : Online Receipt Language of Request (अनुरोध की भाषा) : English

Does it concern the life or Liberty of a Person? (क्या यह किसी व्यक्ति के जीवन अथवा स्वतंत्रता से संबंधित है?) :

No(Normal)

Request Pertains to (अनुरोध निम्नलिखित संबंधित है) :

US(EA), DPRK and KMY, Shri Shafiur Rabbi

Information Sought (जानकारी मांगी):

Information Requested.

1. Full details of the terms and conditions set by the Government of India for participants of the Kailash Manasarovar Yatra.
2. Copies of any agreements or memoranda of understanding between the Government of India and the Government of the Peoples Republic of China specifically regarding the Yatra.
3. Specific details about the Indian Mountaineering Foundation involvement in the Yatra, including their responsibilities and any guidelines issued by them.
4. Detailed procedure and requirements for the execution of an Indemnity Bond by the Yatra applicants.
5. Comprehensive details on safety measures and emergency procedures established for the safety of the Yatra participants.
6. Official guidelines issued for the scheduled route and halts during the Yatra.
7. Detailed information on any fees and charges that are the responsibility of the Yatra participants, including non refundable deposits.

Print Save Close

**ACTION HISTORY OF RTI REQUEST No.MOEAF/R/E/24/00763**

**Applicant Name**

Information Requested. 1. Full details of the terms and conditions set by the Government of India for participants of the Kailash Manasarovar Yatra. 2. Copies of any agreements or memoranda of understanding between the Government of India and the Government of the Peoples Republic of China specifically regarding the Yatra. 3. Specific details about the Indian Mountaineering Foundation involvement in the Yatra, including their responsibilities and any guidelines issued by them. 4. Detailed procedure and requirements for the execution of an Indemnity Bond by the Yatra applicants. 5. Comprehensive details on safety measures and emergency procedures established for the safety of the Yatra participants. 6. Official guidelines issued for the scheduled route and halts during the Yatra. 7. Detailed information on any fees and charges that are the responsibility of the Yatra participants, including non refundable deposits.

**Text of Application**

**Reply of Application**

<b>SN.</b>	<b>Action Taken</b>	<b>Date of Action</b>	<b>Action Taken By</b>	<b>Remarks</b>
1	RTI REQUEST RECEIVED	06/06/2024	Nodal Officer	
2	REQUEST FORWARDED TO CPIO	07/06/2024	Nodal Officer	Forwarded to CPIO(s) : (1) US(EA), DPRK and KMY, Shri Shafiur Rabbi

Print

Date:06-05-2024

To:  
The Public Information Officer  
Ministry of External Affairs  
74B South Block,  
New Delhi – 110011

Subject: Request for Information under the Right to Information Act, 2005  
Dear Sir/Madam,

[REDACTED] a citizen of India and an RTI activist, hereby submit a request for information under the Right to Information Act, 2005. I am seeking detailed information regarding the arrangements and legal requirements for Indian citizens participating in the Kailash-Manasarovar Yatra, particularly concerning the Indemnity Bond:

**Information Requested:**

1. Full details of the terms and conditions set by the Government of India for participants of the Kailash-Manasarovar Yatra.
2. Copies of any agreements or memoranda of understanding between the Government of India and the Government of the People's Republic of China specifically regarding the Yatra.
3. Specific details about the Indian Mountaineering Foundation's involvement in the Yatra, including their responsibilities and any guidelines issued by them.
4. Detailed procedure and requirements for the execution of an Indemnity Bond by the Yatra applicants.
5. Comprehensive details on safety measures and emergency procedures established for the safety of the Yatra participants.
6. Official guidelines issued for the scheduled route and halts during the Yatra.
7. Detailed information on any fees and charges that are the responsibility of the Yatra participants, including non-refundable deposits.
8. Guidelines and criteria used for assessing the fitness of participants to continue at any stage of the Yatra.
9. Specific policies regarding handling medical emergencies and evacuations during the Yatra.
10. Procedures detailing how and under what circumstances the Government can modify the terms, conditions, and rules of the Yatra without prior participant consent.
11. Information about any diplomatic or consular support provided to Yatra participants in case of emergencies or incidents on foreign soil.

12. Specific reasons and legal basis requiring pilgrims to the Kailash-Manasarovar Yatra to execute an Indemnity Bond. What are the specific legal reasons and policy decisions that necessitate the signing of an Indemnity Bond by the pilgrims?

13. Detailed procedure for executing the Indemnity Bond Please provide detailed information about the procedure for executing the Indemnity Bond, including the required type of stamp paper, and where it should be submitted.

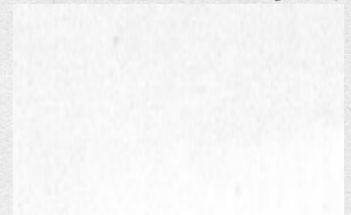
14. Legal implications for pilgrims who sign the Indemnity Bond What are the legal implications for pilgrims who sign the Indemnity Bond, especially in terms of liability and rights in the event of accidents, injuries, or death?

15. Validity of the Indemnity Bond How long is the Indemnity Bond valid, and under what conditions can it be considered no longer enforceable?

16. Conditions for termination of Yatra participation as stipulated by the Indemnity Bond Under what conditions might a pilgrim be required to terminate their participation in the Yatra as stipulated by the Indemnity Bond, and what are the consequences of such termination.

**Clarification on whether the information requested can be denied under Section 8(1)(b) of the Act. Provide evidence as per Section 7(8)(iii) and the full address of the First Appellate Officer, if applicable. If this request falls under the purview of another department, kindly transfer it as specified under Section 6(3) of the RTI Act and notify me accordingly.**

Yours faithfully,



# Information Guide for Yatris

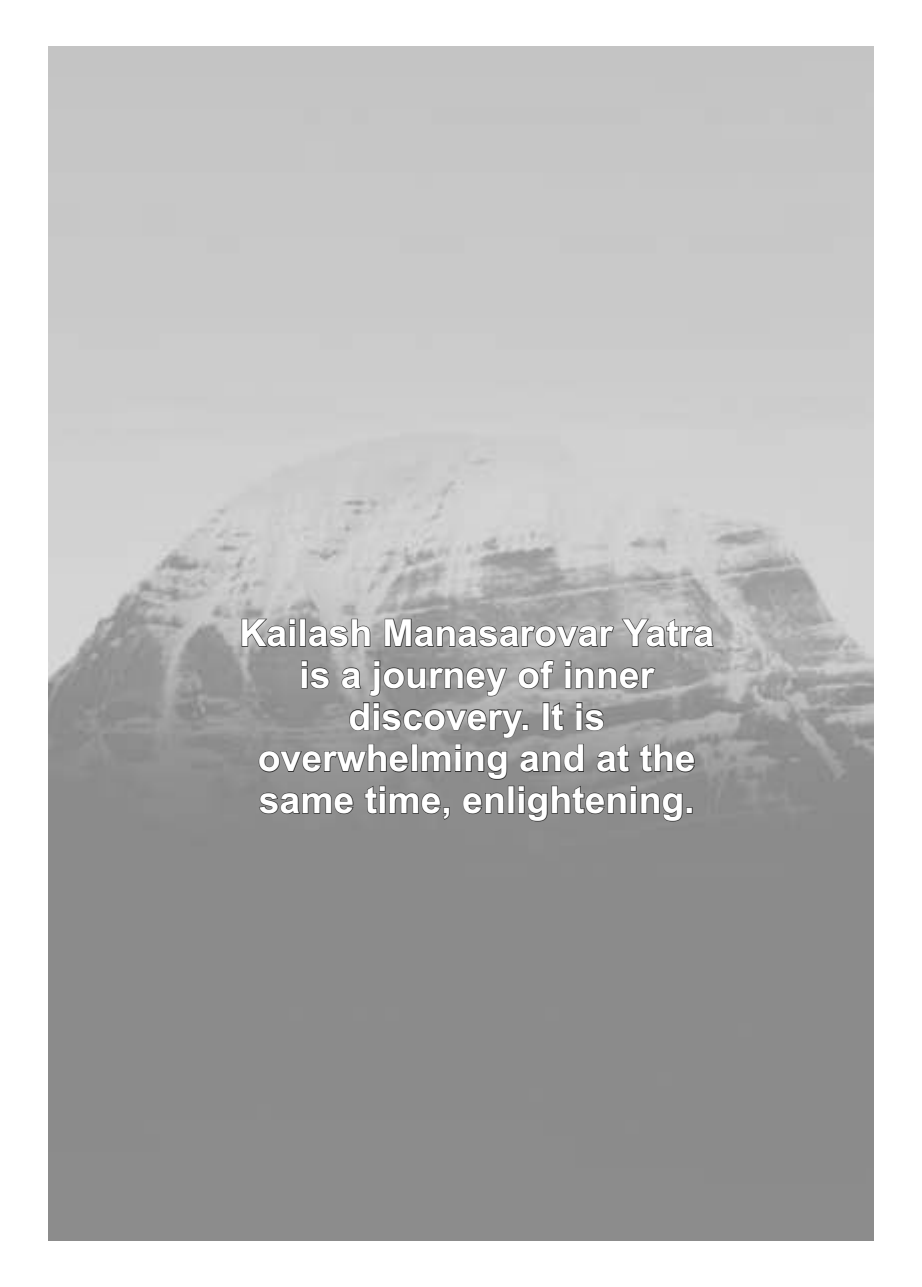


सत्यमेव जयते

Ministry of External Affairs  
Government Of India



# Kailash Manasarovar Yatra 2019



**Kailash Manasarovar Yatra  
is a journey of inner  
discovery. It is  
overwhelming and at the  
same time, enlightening.**

## INFORMATION GUIDE FOR YATRIS

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For information and feedback  
**Website <https://kmy.gov.in>**

**Helpline 011-24300655**

## IMPORTANT DOCUMENTS

Selected applicant must bring the following documents:

1. **Indian passport**, valid for at least six months as on 1st September of the current year.
2. **Photocopy** of passport with front and back page in the same sheet (see attached sample)
3. **Photo** - passport size, 6 copies (recent)
4. **Indemnity Bond**, executed on a non-judicial stamp paper of Rs.100/-, or as applicable locally, authenticated by a First Class Magistrate or a Notary Public. Yatris are required to sign this Indemnity Bond stating that they undertake the Yatra at their own risk. (FORM-1)
5. **Undertaking** for evacuation by helicopter in case of emergency. (FORM-2)
6. **Consent Form** for cremation of mortal remains on Chinese side in case of death there. (FORM-3)

Text of these forms can be downloaded from website <https://kmy.gov.in>

7. Original document for payment to :
  - **"Kumaon Mandal Vikas Nigam Limited"**,  
( for the Yatra through LIPULEKH route )
  - **"Sikkim Tourism Development Corporation"**,  
(for the Yatra through NATHU LA route)

Refer table "Fees & Expenditure for Yatris" at page 4 & 5

## FEES & EXPENDITURE FOR YATRI

No:	LIPULEKH ROUTE	DETAILS OF ESTIMATED EXPENDITURE PER YATRI	NATHU LA ROUTE
1	Rs.5,000 to KMVN	Confirmation Amount payable according to route for the Yatra ( Non-refundable if confirmed in any batch )	Rs.5,000 to STDC
<b><u>Balance Amount Payable (in advance / before departure)</u></b>			
2	Rs.30,000	Kumaon Mandal Vikas Nigam Ltd. (KMVN) A/c No : 917020011800582 Axis Bank Ltd, Mallital, Nainital IFSC : UTIB0003012 MICR : 263211302	■
3	■	Sikkim Tourism Development Corporation Ltd. A/c No: 915020028840818 AXIS BANK,GANGTOK IFSC : UTIB0000112 MICR :UTIB0000112	Rs.20,000
4	■	Return Air fare Delhi - Baghdogra – Delhi sectors ( bookings arranged by, and payable to STDC in advance ) ( Airfare & Cancellation refund as per airline policy )	Rs.14,000
<b><u>Payable in Cash / Debit / Credit Card</u></b>			
5	Rs.3,100	Medical tests – payable to Delhi Heart & Lung Institute (DHLI)	Rs.3,100
6	Rs.2,500	Stress Echo Test, ( if required and advised by DHLI )	Rs.2,500
7	Rs.2,400	Chinese Visa fee ( to be collected in cash at DHLI )	Rs.2,400

<b><u>Payable in Cash to Service Provider</u></b>			
8	Rs.12,189	Porter charges for both ways on Indian side (subject to revision by Uttarakhand Government).	
9	Rs.16,081	Pony & Pony Handler for both ways on Indian side (subject to revision by Uttarakhand Government).	
<b><u>Common Expenses for the Batch</u></b>			
10	Rs.4,000	Contribution to Pool Money for group activities.	Rs.4,000
11	as required	Wages for Hiring cooks for the batch, common food purchases, etc.	as required
<b><u>Payable in Tibet Autonomous Region (TAR)</u></b>			
1	US\$:950	For lodging, transport, entry tickets etc. It includes US \$1 towards immigration fee.	US\$:2,200
2	RMB:990	Porter for both ways on Chinese side (subject to revision by TAR authorities)	RMB:990
3	RMB:2370	Pony & Pony Handler for both ways on Chinese side (subject to revision by TAR authorities)	RMB:2370

- Any Amount Paid At Any Stage Is Not Refundable
- Amount Paid Cannot Be Transferred To Any Other Person
- Total cost in INR may vary due to change in Rate of Exchange'

## PREPARATION FOR THE YATRA

Yatris are advised to obtain the following :

1. Necessary items listed in ANNEXURE-A.
2. Useful medicines listed in ANNEXURE-B.

### • **Day-1: Arrival in Delhi and Accommodation**

Accommodation in Delhi for Yatris only for 4 days before the Yatra, and 1 day on return from the Yatra, is arranged by the Government of Delhi at the Gujarati Samaj Sadan. Yatris may also make their own arrangements for accommodation and transport in Delhi.

#### **How to reach Gujarati Samaj Sadan:**

**Gujarati Samaj Sadan,**  
2, Raj Niwas Marg, New Delhi – 110054.  
(Tel: 011-2398-1796, 2398-1797-8, Fax: 011-2398-3066).

#### **Distance:**

- 1 km from Inter-State Bus Terminus, Kashmiri Gate .
- 3.5 km from Old Delhi Railway Station.
- 8 km from New Delhi Railway Station.
- 12 km from Hazrat Nizamuddin Railway Station & Sarai Kale Khan ISBT.
- 22 km from Indira Gandhi International Airport.

**Nearest Metro Station :** Civil Lines on Yellow Line (Jehangirpuri to HUDA City Centre) connected with New Delhi Railway Station and Old Delhi Railway Station (Chandni Chowk Metro Station). Yatris arriving by air may use Metro Airport Line to reach New Delhi Railway Station and then take Yellow Line for Civil Lines Metro Station.

1. While in Delhi, LOs and yatris will obtain Chinese visa, foreign exchange and undergo prescribed medical tests. They are required to finalize their travel plans accordingly.
2. Yatris should arrive in Delhi one day earlier than the day of medical tests at DHLI as per the itinerary for the batch.
3. Common transport will be provided to ferry Yatris to specific places of need in Delhi.

#### • **Day-2: Medical Check-up and Chinese Visa**

A) Medical Check-up at Delhi Heart and Lung Institute (DHLI):

Yatris must report latest by 08:00 A.M. on the specified day at DHLI, on EMPTY STOMACH (fasting 8 hours). Medical Laboratory tests to be conducted by DHLI may be seen in Table: Annexure C.

#### **Please bring the following with you to DHLI**

- Passport
- Photograph (passport size) – 6 copies
- Hospital fee for medical tests.
- Additional fee (Stress Echo Test, if required)
- Walking/Trekking shoes for TMT

Strict medical tests are conducted at DHLI. Medical reports from other hospital and/or other sources will not be accepted. If a Yatri is declared unfit, he/she will normally not be permitted to participate in any other batch during that year.

## How to reach Delhi Heart and Lung Institute

Delhi Heart and Lung Institute,  
3 - mm II, Panchkuian Road, New Delhi - 110055.  
Tel Nos.011 - 42999999, 42999900.  
Fax: 011-42999802, 42999961

### Distance:

- 15 km from Indira Gandhi International Airport.
- 2 km from New Delhi Railway Station.
- 10 km from Old Delhi Railway Station.

**Nearest Metro Station :** Jhandewalan on the Blue Line (Dwarka Sector 21 - NOIDA City Centre/Vaishali).

### B) Chinese Visa:

Before the medical tests at DHLI, the following documents will be collected :

- (a) Indian passport,
- (b) visa fees (in cash) for group visa for China.

### INSTRUCTIONS:

Passports and the group visa will be returned on Day-4.

#### • Day-3: Medical Tests at ITBP Hospital

Yatris will be required to report for the final medical check-up, where they will need to submit their bio-data forms.

### How to reach ITBP Base Hospital

ITBP Base Hospital, Tigri Camp,  
P.O. Madangir, Opposite Batra Hospital, New Delhi.  
Tel: 2604-4941/2604-2291, Fax: 2604-6337.

Nearest landmark Batra Hospital, on Mehrauli-Badarpur Road.  
Nearest Metro Station : Saket on the Yellow Line

## INSTRUCTIONS:

1. Liaison Officer and yatris must keep their Medical Reports from the ITBP Base Hospital in their personal custody to carry along throughout the Yatra, as these are required for medical emergency.
- **Day-4: Briefing Session at MEA**

All Yatris are required to arrive latest by 09.00 hours in Media Briefing Hall No.0103, Ground Floor, C-Block, Jawaharlal Nehru Bhawan, Ministry of External Affairs, 23-D Janpath, New Delhi-110011.

## INSTRUCTIONS:

1. The following will be collected from Yatris :
  - a. Cash or Demand Draft payable to **KMVN or STDC**
  - b. Indemnity Bond.
  - c. Undertaking **(for evacuation by helicopter in emergency)**
  - d. Consent Form **(for cremation of mortal remains)**
2. Yatris may arrange required foreign exchange from authorized banks/ dealers only. Please be in touch with your Liaison Officer for latest information.
3. Ministry of External Affairs would also issue instructions to the Central Bank of India branch at Hotel Ashoka, 50-B, Chanakyapuri, New Delhi-110021, Tel: 011-2410-1848, to enable Yatris to collect their foreign exchange, if they so desire. This branch is open 24 hours. Yatris may check on the latest instructions regarding foreign exchange regulations/transactions.

## YATRI CONDUCT & DISCIPLINE

Yatris are expected to conduct themselves as becoming of a pilgrim, to uphold the basic tenets of piety, peace; and cooperate with fellow Yatris of the batch to maintain harmony. Instances of indiscipline which would jeopardise his/her own safety or that of fellow Yatris, willful deviation from prescribed itinerary; breach of instructions laid down in the relevant 'Guide for Yatris', and/or from the concerned Liaison Officer, and or from local authorities; and or any activity impinging on national interest etc. would attract penalty to be decided by a Disciplinary Committee.

Penalty likely to be imposed would be decided on merits, and may include, but not limited to, withholding of Yatra Completion Certificate, ban on participation by the individual Yatri in future KM Yatra organized by the Ministry of External Affairs, recommendation to concerned State Government for withholding any Yatra related assistance extended to such Yatri; without prejudice to recommending any other legal action by concerned authorities under the law.

Yatris are advised to cooperate with each other and with the Liaison Officer, and extend their whole hearted support to facilitate the smooth conduct of this Yatra for their batch.

## ROUTE-1: LIPULEKH PASS

Day				
1st	Arrival of Yatries at Delhi			
2nd	Passport and Visa fee collection & Medical Tests at Delhi			
3rd	Medical at ITBP Base Hospital			
4th	MEA briefing, Chinese Visa, Foreign Exchange, KMVN fee collection.			
Day	Departure from	Arrival at	Distance/Alt. (mt./Ft.)	Mode
5th	Delhi	Almora	370 Km/ 1600mt.0/ 5250 Ft.	Volvo/Non A/c
6th	Almora	Dharchula	220 Km./910 mt./ 2985 Ft.	Non A/c
7th	Dharchula	Bundhi	42+12 Km./2710 mt./ 8890 Ft.	Jeep/Trek
8th	Bundhi	Gunji	17 Km./3160 mt./ 10370 Ft.	Trek
9th	Gunji	Nabi	3 Km./3300 mt./ 10827 Ft.	Trek
10th	Nabi	Gunji	3 Km./3160 mt./ 10370 Ft.	Trek
11th	Gunji	Kalapani	10 Km./3678mt./ 12067ft.	Trek
12th	Kalapani	Nabhidhang	9Km./4260mt./ 13980ft.	Trek
13th	Nabhidhang	Lipu-Taklakot	12+15Km./3940mt./ 12930ft.	Trek/Bus
14th	Taklakot	Halt	-	-

Day	Departure from	Arrival at	Distance/Alt. (mt./Ft.)	Mode
15th	Taklakot	Darchen	120Km./4670mt./ 15320Ft.	Bus
16th	Darchen	Deraphuk	7+12Km./5060mt./ 16600Ft.	Bus/Trek
17th	Deraphuk	Zunzhui Pu	19Km./4780mt./ 15680Ft.	Trek
18th	Zunzhui Pu	Qugu	5+95Km./4620mt./ 15160Ft.	Trek/Bus
19th	Qugu	Halt	-	-
20th	Qugu	Taklakot	65Km./3940mt./ 12930Ft.	Bus
21st	Taklakot	Gunji	26+18 Km./3160 mt./ 10370 ft.	Bus/Trek
22nd	Gunji	Bundhi	17 Km./2710 mt./ 8890 ft.	Trek
23rd	Bundhi	Dharchula	12+42 Km./910 mt./ 2895 ft.	Trek/Jeep
24th	Dharchula	Jageshwar	185 Km./2340mt./ 7680Ft.	Bus
25th	Jageshwar	Delhi	405 Km/ 216mt. / 709 Ft.	Non A/c /Volvo

## YATRA SCHEDULE

- **Day-1: Delhi to Almora**  
(06.00-20.00 hrs | 340 km/Bus | 5250 ft)

From New Delhi, yatris travel to Almora, a small town in the foothills of the Himalayas in the Kumaon hills of Uttarakhand, for an overnight halt there.

### INSTRUCTIONS:

As the departure from New Delhi is planned early morning by 06.00 hours, yatris need to ensure that their baggage is packed and ready by 05.00 A.M.

- **Day-2: Almora to Dharchula**  
(06.00-16.00 hrs | 220 km/Bus | 2985 ft)

The journey to Dharchula is through steep mountain roads. The town of Dharchula, located on the bank of river Kali with Nepal just across the river, is the last big town en route Kailash Manasarovar. On the way to Dharchula, Yatris stop at the ITBP Camp Headquarters in Merthi for a briefing on various aspects of the Yatra.

### INSTRUCTIONS:

1. Yatris will have early breakfast at Almora. Lunch will be served at Didihat.
2. Yatris prone to motion sickness are advised to take proper medication in advance.

3. Yatris must attend the briefing by ITBP at Merthi and follow their guidelines.
4. At Dharchula, Yatris are advised to make last-minute purchases, as it provides a comparatively large selection of goods at reasonable prices.
5. At Dharchula, baggage restrictions come into effect.
6. All Yatris are advised to hire pony & porter to help them in case of emergency. Pony and porter for the entire trip on the Indian side should be booked at Dharchula.
7. All the yatries are requested to do the necessary preparation and all formalities for the yatra same day, as the batch will move early morning next day.

- **Day-3: Dharchula to Budhi**  
**(06.00-17.00 hrs | 42+12 km/Jeep+Trek | 8890 ft)**

It will be a 42 Km. approx. journey by vehicle and 12/18 km. by trek from Dharchula to Bundi. After Lakhanpur/Najung, the trek takes a more or less level course along the river Kali, which is a beautiful stretch. This stretch is perhaps the riskiest portion of the entire yatra, as yatries have to negotiate extremely narrow path alongside the fast flowing river Kali. The village of Lamari is on this route, which is a good place to rest and enjoy a hotcup of tea. On the way to Lamari, a curving trail will take yatries to Malpa, the site of the tragic landslide of 1998, where the rubble still covers a part of the camp. The last stretch of the trail is across a quaint bridge which leads into the camp at Bundi. Bundi has a shop for

essentials. This year few changes has been done in the trek route from Lakhanpur to Budhi.

## INSTRUCTIONS:

1. Lunch will be served at Malpa.

- **Day-4: Budhi to Gunji**  
(05.00-15.00 hrs | 17 km/Trek | 10370 ft)

After an overnight stay at Budhi, yatris will begin one of the most scenic treks on the Indian side of the journey with a steep climb of 5 km. Just as yatris feel the strain, the path levels out and winds its way through the spectacular valley of Chialekh.

The sights of special importance in the valley include its profusion of rare mountain flowers – cobra flowers, irises, may apple flower, kasturi, kamal, etc. Yatris will walk through a beautiful green meadow on the way to Garbyang, also known as the sinking village, with quaint houses having carved doors and newel posts. Yatris will have the pleasure of seeing the confluence of the Kali and the Tinker rivers with the Tinker hurtling away into Nepal.

**CAUTION:** This journey consists of steep stony ascent followed by a steep descent.

- **Day-5: Gunji to Nabi**  
(14.00-16.00 hrs | 3 km/Trek | 10827 ft)

In the morning ITBP medical team will assess yatries to gauge their fitness to be able to continue the Yatra. After lunch the yatries

will move to Nabi by trek (approx. 3 km.) for acclimatization. Night halt will be at Nabi.

- **Day-6: Nabi to Gunji**  
(06.00-08.00 h | 3 km/Trek | 10370 ft)

The Yatries will move from Nabi to Gunji by trek in the morning after breakfast. There will be a medical recheck of yatries, for those which were under the guidance of medical team. Only the yatries found fit at this stage will be allowed to continue the Yatra. Unfit yatries will return to Delhi with the next returning batch.

#### **INSTRUCTIONS:**

Being wet and slippery, this is a dangerous stretch of the Yatra. Yatries need to exercise extreme caution and focus on personal safety.

- **Days-7: Gunji to Kalapani**  
(07.00-12.00 h | 10 km/Trek | 12067 ft)

Gunji to Kalapani is now 9 km long motorable but unpaved road. Kalapani Temple is considered the origin of River Kali. From here, yatries can see a mountain which has Sage 'Vyasa's cave'. According to Hindu legend, this is the cave where Sage Vyasa performed penance for years. A flag posted by the ITBP is indicative of the entrance to the cave. At Kalapani emigration checkpoint, passports of Yatries are checked and stamped before moving forward.

## INSTRUCTIONS:

1. Only the yatris found fit at this stage will be allowed to continue the Yatra. Unfit Yatris will return to Delhi with the next returning batch.
2. At Gunji, SBI has a branch with limited services. It does not handle large cash withdrawals.

- **Day-8: Kalapani to Navidhang**  
(07.00-13.00 hrs | 9 km/Trek | 13980 ft)

The stretch from Kalapani to Navidhang is a gradual uphill climb. As yatries move to the upper reaches of the Himalayas, the kali will be left far below. The 09 km stretch takes yatries above the tree line revealing the face of the mountains. It is from the camp at Navidhang that yatries can view the unique phenomenon of 'Om'. The mountain on the eastern side, Om Parvat, has patterns on the snow, which resemble a naturally formed 'Om', a rare sight since the mountain is usually wreathed in clouds.

## INSTRUCTIONS:

1. ITBP team and its doctors will escort Yatris from Gunji up to the Tibetan border.
2. At Kalapani emigration checkpoint, passports of Yatris are checked and stamped before moving forward.
3. The stretch from Kalapani to Navidhang is an uphill climb and

is subject to brisk winds. Yatris are strictly advised to wear proper clothes and keep their heads covered.

- **Day-9: Navidhang to Taklakot via Lipulekh (07.00IST -13.00 hrs CST | 12+15 km/Trek | 12930 ft)**

This is the last stretch in India before yatris cross over to the Tibetan side. This is a treacherous walk and more so if weather conditions are not favourable at the narrow pass, which is at about 16,730 feet. The crossing of the pass is a finely timed affair with the new batch of yatris crossing into Tibet meeting the batch returning to India after completing the Parikrama.

The guides provided by the Chinese Government will meet Yatris at the Lipulekh Pass. From Lipulekh, the terrain here is very barren, with hardly any vegetation in sight. Indian Pony/porter will take leave at the top of the pass. After all Yatris have successfully crossed the Lipulekh Pass (around 7 km uphill), the Chinese authorities take over and guide the descent into Tibet. The time difference between India and Tibet is plus 2 ½ hours. Yatris may have to walk downhill for about 3 km to the point where bus would be available for journey to Taklakot. In this stretch, porter/pony is not available.

#### **INSTRUCTIONS:**

1. Yatris have to leave the camp as early as 03.00 hrs so as to meet the returning batch around 07.00 hrs at the pass. Torches or headlamps would be required in the dark.
2. Yatris should carry only light baggage (even when aided by

porters) because Yatris will have to carry this weight themselves on the Chinese side from the top of Pass to the bus point (about 3 km).

3. The crossing must be completed between 07.00 hrs and 09.00 hrs, the time when the weather conditions are generally favourable.
4. Yatris must take care to avoid succumbing to high altitude tiredness, as the winds are bitter and the atmosphere is rare with low level of oxygen. Even half an hour halt can be difficult to withstand.
5. The entire batch has to show a high spirit of cooperation to ensure that each member is able to cross this difficult stretch across ice and snow successfully.
6. It is advisable to keep small bits of camphor or smelling salts to relieve spells of discomfort.

- **Day-10: Stay at Taklakot**

Yatris will stay at Taklakot to complete immigration and custom formalities. Taklakot (Purang) is an old trading town. It has a main street with shops. Yatris will be put up in a guest house with basic facilities. Hot water for bathing will be available. Food is also served at set times and normally includes rice, soup and boiled vegetables provided by the guest house.

## INSTRUCTIONS:

1. Chinese officials will check documents of yatris here and collect the fees [Fees & Expenditure for Yatris]
2. Yatris will stay at Taklakot to complete Immigration and Customs formalities.
3. Yatris may exchange money for Chinese Yuan/Renminbi to purchase items of need and for hiring ponies and porters for the Kailash Parikrama.
4. Food Committee of the batch must reassess their rations and make purchases. Utensils should be collected from the returning batch at the guest house for use during the Parikramas.
5. Cooks are to be hired for the batch in Taklakot.
6. Yatris are advised to book pony and porters for the Kailash Parikrama in Taklakot. For the Parikrama, charges are calculated as three-day ride charges. [Rates are indicated in the table 'Fee & Expenditure for Yatris' which is subject to revision].

- **Day-11: Taklakot to Darchen**  
(CST 09.00-12.00 hrs | 102 km/Bus | 15320 ft)

From DAY-11 to DAY-16, the Manasarovar and Kailash Parikramas are performed.

Darchen is the base camp for Kailash Parikrama. On the way to Darchen, Yatris will briefly stop by the Rakshas Tal, a beautiful lake separated by a thin stretch of land from the Lake Manasarovar. While Manasarovar is likened to the Sun and Light, Rakshas Tal is compared to the Moon and the Darkness of night. It is believed that Ravana meditated on the shores of Rakshas Tal to seek Lord Shiva's favour. The lake is, therefore, referred to as Ravana Tal. It is from Rakshas Tal that yatris get the first view of Mount Kailash. The bus also stops by Manasarovar Lake for a short while.

### **INSTRUCTIONS:**

1. English-speaking Tibetan guide accompanies each batch of yatris during the Parikramas of Mount Kailash and Lake Manasarovar.
2. The camps along the Parikrama route offer only limited facilities.
3. At Darchen, Yatris spend the day in the town. They have to make their own arrangements for food from rations carried in common luggage. A stove and a room for cooking is provided by the Chinese authorities.
4. Full advance payment for pony/porters is collected at Darchen against a combined receipt.
5. Do not neglect signs of Acute Mountain Sickness. Headache, swelling in face, etc., should be taken seriously. Since Dolma Pass is still higher and tough to cross. Yatris are

advised to assess their fitness and not to compromise on their safety. Liaison officer's decision will be final. Unfit Yatris may stay back at Darchen to reunite with their batch three days later for the Manasarovar Parikrama.

- **Day-12: Darchen to Deraphuk**  
(CST 08.00-14.00 hrs | 7+12 km/Bus+Trek | 16600 ft)

The 48 km Parikrama of Kailash starts. The first leg will take yatris to Deraphuk, 19 km from Darchen. The first 7 km distance is covered by bus/truck. Upon reaching the 'Yam Dwar', pony and porters are allotted and trek begins. Deraphuk is 12 km away, on mostly level track. Along the way, magnificent rock cliffs tower around, with streams and waterfalls flowing from some of them. Some of the rocks have inscriptions of Buddhist mantras on them.

The literal meaning of Deraphuk is 'Cave of the Female Yak's Horns'. It provides a magnificent view of Mount Kailash. This is the closest and clearest view that yatris will get of Mount Kailash – a spectacular sight especially when illuminated by the rays of the setting sun. Yatris will spend a night in this camp.

- **Day-13: Deraphuk to Zunzhui Pu**  
(CST 05.00-17.00 hrs | 19 km/Trek | 15680 ft)

Yatris set off very early in the dark (torches are required) from Deraphuk on a trail which ascends to an 18,600 feet pass, supposed to be guarded by a Tibetan goddess called Dolma. This is the toughest part of the journey with a long trek. Yatris need to stay close in one group, especially when it is dark, and help each other. Along the way, a flat stretch strewn with discarded clothing

can be seen. This is Shiv Sthal, where Yama, the King of Death is supposed to judge those who cross it. Crossing the Dolma pass remains a test of faith and determination, as blizzards are known to strike without warning. A rock here is said to represent the goddess Tara Devi. Yatris can pray to the Goddess by placing prayer flags, pots of butter and light incense sticks, if so desired.

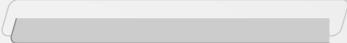
As yatris descend from the Dolma Pass, they will pass the emerald green Gauri Kund, the lake where goddess Parvati is believed to have bathed. The next 2 km distance is a steep descent where one has to be careful. Thereafter, more or less flat path continues till Zunzhui Pu where yatris stay overnight.

#### **INSTRUCTIONS:**

1. At Dolma Pass, it is not advisable to stay for too long as the rarefied atmosphere may cause breathing problems.
2. Yatris should not attempt to climb down Gauri Kund themselves as the slope is fairly slippery and such an attempt can cause serious injuries. Yatris should ask their porters to go down and fill their cans for a small tip for this effort.

- **Day-14: Zunzhui Pu to Qugu**  
**(CST 09.00-12.00 hrs | 5+95 km/Trek+Bus | 15160 ft)**

Yatris head to Qugu for Manasarovar Parikrama, taking a route, which is mostly on flat terrain. This completes the Parikrama of Mount Kailash. Part of Manasarovar parikrama would have been done by bus on DAY-11 on way to Darchen from Taklakot. This parikrama resumes on DAY-14 with a drive through the vast



plains of Barkha from Darchen to Qugu, a distance of about 90 km, via Hore. After a brief halt at Hore to replenish the stock of vegetables, etc., Yatris reach the camp at Qugu around lunch time. Qugu is located on the banks of Lake Manasarovar.

On the foothills of Mount Kailash, lies the magnificent Lake of Manasarovar. The Lake changes colour and mood with the passing hours and seasons: placid now, tempestuous the next. The reflection of the Sun, the clouds, the stars and even Mount Kailash, keeps the beholder spellbound. The Lake is large, being 88 km in circumference with a maximum depth of 300 feet. Its fascinating variety and beauty capture the heart and imagination of the viewers. The water of the Lake can be freezing at certain times of the day and pleasantly warm at others.

#### **INSTRUCTIONS:**

1. From KMY 2018, Yatris are not allowed to take dip in the Holy Manasarovar Lake. However, Chinese authorities provide mug and bucket to take water from the Lake and take bath at the designated place.
2. Yatris may purchase fruits and vegetables during a brief halt at Hore, which has a basic market. There is a well-equipped shop at Qugu, inside the camp premises.

- **Day-15: Stay at Qugu**  
**Yatris continue to enjoy staying close to Lake Manasarovar.**

- **Day-16: Qugu to Taklakot**  
(CST 07.00-10.00 hrs | 65 km/Bus | 12930 ft)

Yatris return to Taklakot, thus completing the Parikrama of Lake Manasarovar. Immigration and Customs formalities are completed here.

- **Day-17: Taklakot to Gunji**  
(CST 06.00-IST15.00 hrs | 15+26 km/Bus+ Trek | 10370 ft)

Yatris have to cross back into India via the Lipulekh pass to stay overnight at Gunji.

- **Day-18: Gunji to Budhi via Garbyang**  
(06.00-17.00 hrs | 17 km/Trek | 8890 ft)

- **Day-19: Budhi to Dharchula**  
(05.00-13.00 hrs | 12/18+42 km/Trek+Jeep | 2985 ft)

- **Day-20: Dharchula to Jageshwar via Pithoragarh**  
(07.00-19.00 hrs | 185 km/Bus | 6140 ft)

- **Day-21: Jageshwar to Delhi**

- (07.00-20.00 hrs | 405 km/Bus | 709 ft)

## ROUTE- 2 : NATHU LA

DAY	FROM	TO	KM	HEIGHT		MODE OF TRANSPORT
				MTR	FT	
1.	Delhi	Gangtok	1240	1600	5250	Air 1115 km; Bus 125 km
2.	Gangtok	15th Mile	25	3050	10400	Bus
3.	15th Mile	Stay	-	3050	10400	-
4.	15th Mile	Sherathang	20	4115	13500	Bus
5.	Sherathang	Stay	-	4115	13500	-
6.	Sherathang	Kangma	200	4176	13700	Bus
7.	Kangma	Lazi	295	4053	13297	Bus
8.	Lazi	Zhongba	477	4728	15512	Bus
9.	Zhongba	Darchen	475	4670	15322	Bus
10.	Darchen	Deraphuk	80	4620	15157	Bus
11.	Deraphuk	Zunzhui Pu	19	4780 (5670)	15680 (18600)	Trek
12.	Zunzhui Pu	Darchen		4620	15157	
13.	Darchen	Qugu				
14.	Qugu	Zhongba	-	4620	15157	-
15.	Zhongba	Lazi	477	4053	13297	Bus
16.	Lazi	Kangma	295	4176	13700	Bus
17.	Kangma	Gangtok	245	1600	5250	Bus
18.	Gangtok	Delhi	1240	215	705	Bus 125 km; Air 1115 km

- **Day-1: New Delhi to Gangtok**  
**(1115 +125 km/Air+Bus | 5200 ft)**

Yatris fly to Bagdogra as per flight schedule of the airlines. Flight duration is about 2 hours, and travel by bus to Gangtok along the Bagdogra-Siliguri-Gangtok highway. Lunch will be provided near Siliguri. The 5-hour journey is along the picturesque Teesta River. A short stoppage is planned along the way at Rangpo, a border town between Sikkim and West Bengal. Gangtok, a well-known tourist destination, is the capital of Sikkim. Yatris can choose to take a stroll in the famous M. G. Marg in the evening.

## **INSTRUCTIONS**

1. Yatris are expected to pack their luggage and be ready to reach the airport as per flight schedule.
2. Yatris must restrict weight of check-in luggage as per airline stipulation, excluding one hand baggage.
3. Briefing will be held on arrival in Gangtok.
4. Gangtok is the last suitable location to make purchases, telephone calls, and have reliable access to the Internet and mobile coverage.
5. Yatris would need to inform Sikkim Tourism Development Corporation (STDC) about their return travel plans if they want to end their Yatra in Gangtok. STDC can facilitate return

journey home, or arrange for a Religious Tour of three days in South Sikkim, at extra cost.

- **Day-2: Gangtok to 15th Mile**  
(11.00-13.00 hrs | 25 km/Bus | 10400 ft)

The journey along mountainous terrain will be slow and during the day's travel about 5000 feet altitude is gained. On the way, Yatris will briefly halt at 3rd Mile Check Post for clearance.

### **INSTRUCTIONS:**

Yatris may experience some discomfort due to gain in altitude. They are advised to report any unusual medical conditions.

- **Day-3: 15th Mile:**

Yatris will be taken for an easy walk for acclimatization to high altitude, and return to 15th Mile camp. Yoga Session would also be conducted.

- **Day-4: 15th Mile to Sherathang**  
(07.00-08.00 hrs | 20 km/Bus | 13500 ft)

Short Walks and Yoga Session for acclimatization will be organized.

- **Day-5: Sherathang**

The Yatris will undergo medical examination in the evening. Yatris found fit at this stage would be allowed to continue the

pilgrimage. Unfit Yatris will return to Gangtok. Arrangements will be facilitated by STDC for their return. All additional costs on such premature return would be borne by the Yatri concerned.

- **Day-6: Sherathang to Kangma**  
( IST 07.00- 14.00 hrs CST | 200 km/Bus | 13700 ft)

After completing Customs and Immigration formalities in Sherathang, Yatris will proceed into China via Nathu La, which is 7 km from Sherathang. Yatris will be transferred into the vehicles of the Chinese service providers at Yatung/Rinchengang.

#### **INSTRUCTIONS:**

1. Yatris are advised to check their baggage for items that would be subject to customs/ quarantine regulations.
2. Fee per Yatri is payable at Yatung/Rinchengang.
3. Indian Cooks, and Tibetan guides accompany each batch of Yatris from Nathu La.
4. Yatris can exchange currency for use in China.

- **Day-7: Kangma to Lazi**  
(CST 07.00-14.00 hrs | 295 km/Bus | 13297 ft)

- **Day-8: Lazi to Zhongba**  
(CST 07.00-18.00 hrs | 477 km/Bus | 15512 ft)

- **Day-9: Zhongba to Darchen**  
(CST 07.00-18.00 hrs | 475 km/Bus | 15322 ft)

During DAY-9 to DAY-14, the Manasarovar and Kailash Parikramas are performed. Darchen is the base camp for Kailash Parikrama.

### **INSTRUCTIONS:**

1. The camps along the Parikrama routes offer only limited facilities.
2. Yatris have to make their own arrangements for food and this is where the rations carried in common luggage come in handy. A stove and a room for cooking will be provided by the Chinese authorities.
3. Full advance payment for pony/porters is collected at Darchen against a combined receipt.

- **Day-10: Darchen to Qugu**  
(CST 0700-0900 hrs | 80 km/Bus | 15157 ft)

Yatris head to Qugu for Manasarovar Parikrama via Hore. After a brief halt at Hore to replenish the stock of vegetables, etc., yatris reach the camp at Qugu around lunch time. Qugu is located on the banks of Lake Manasarovar.

On the foothills of Mount Kailash, lies the magnificent Lake Manasarovar. The Lake changes colour and mood with the

passing hours and seasons: placid now, tempestuous the next. The reflection of the Sun, the clouds, the stars and even Mount Kailash, keeps the beholder spellbound. The Lake is large, being 88 km in circumference with a maximum depth of 300 feet. Its fascinating variety and beauty capture the heart and imagination of the viewers. The water of the Lake can be freezing at certain times of the day and pleasantly warm at others.

### **INSTRUCTIONS:**

1. From KMY 2018, Yatris are not allowed to take dip in the Holy Manasarovar Lake. However, Chinese authorities provide mug and bucket to take water from the Lake and take bath at the designated place.
2. Yatris may wish to purchase fruits and vegetables during a brief halt at Hore, which has a basic market. There is a well-equipped shop at Qugu, inside the camp premises.

- **Day-11: Qugu**

Yatris continue to enjoy staying close to Lake Manasarovar.

- **Day-12: Qugu to Deraphuk**  
(CST 07.00-12.00 hrs | 87+12 km/Bus+Trek | 16600 ft)

This journey marks the completion of Manasarovar Parikrama and the beginning of Kailash Parikrama. The first leg will take yatris to Yam Dwar via Darchen by bus. Upon reaching the 'Yam Dwar', pony and porters are allotted and trek begins. Deraphuk is

12 km away, on mostly level track. Along the way, magnificent rock cliffs tower around, with streams and waterfalls flowing from some of them. Some of the rocks have inscriptions of Buddhist mantras on them.

The literal meaning of Deraphuk is 'Cave of the Female Yak's Horns'. It provides a magnificent view of Mount Kailash. This is the closest and clearest view that yatris will get of Mount Kailash – a spectacular sight especially when illuminated by the rays of the setting sun. Yatris will spend a night in this camp.

#### **INSTRUCTIONS:**

1. Do not neglect signs of Acute Mountain Sickness. Headache, swelling in face, etc., should be taken seriously. Since Dolma Pass is still higher and tough to cross, doubtful yatris are advised to assess their fitness and not to compromise on their safety. Liaison officer's decision will be final. Unfit Yatris may stay back at Darchen to reunite with their batch three days later for the Manasarovar Parikrama.

- **Day-13: Deraphuk to Zunzhui Pu**  
(CST 05.00-17.00 hrs | 19 km/Trek | 15680 ft)

Yatris set off very early, in dark (torches required), from Deraphuk on a trail which ascends to an 18,600 feet pass, supposed to be guarded by a Tibetan goddess called Dolma. This is the toughest part of the journey with a long trek. Yatris need to stay close in one group, especially when it is dark, and help each other. Along the

way, a flat stretch strewn with discarded clothing can be seen. This is Shiv Sthal, where Yama, the King of Death is supposed to judge those who cross it. Crossing the Dolma pass remains a test of faith and determination, as blizzards are known to strike without warning. A rock here is said to represent the goddess Tara Devi. Yatris can pray to the Goddess by placing prayer flags, pots of butter and light incense sticks, if so desired.

As yatris descend from the Dolma Pass, they will pass the emerald green Gauri Kund, the lake where goddess Parvati is believed to have bathed. Yatris can ask their porters to bring up water for carrying home, if they so desire. The next 2 km distance is a steep descent where one has to be careful. Thereafter, more or less flat path continues till Zunzhui Pu where yatris stay overnight.

#### **INSTRUCTIONS:**

1. At Dolma Pass, it is not advisable to stay for too long as the rarefied atmosphere may cause breathing problems.
2. Those wishing to carry water from Gauri Kund may ask their porters to go down and fill their cans. Yatris should not attempt to climb down themselves as the slope is fairly slippery and such an attempt can cause serious injuries.

- **Day-14: Zunzhui Pu to Zhongba**  
(CST 07.00-18.00 hrs | 5+485 km/Trek+Bus | 15510 ft)

The journey via Darchen completes the Kailash Parikrama. The

return journey to Gangtok is by the same route as taken on the onward journey.

- **Day-15: Zhongba to Lazi**  
(CST 07.00-18.00 hrs | 477 km/Bus | 13297 ft)
- **Day-16: Lazi to Kangma**  
(CST 07.00-14.00 hrs | 295 km/Bus | 13700 ft)
- **Day-17: Kangma to Gangtok**  
(CST 07.00 - 16.00 hrs IST | 245 km/Bus | 5250 ft)

Immigration and Customs formalities will be completed at Yatung/Rinchengang before crossing into India via Nathu La.

- **Day-18: Gangtok - Baghdogra - Delhi**  
(IST 05.00 - 17.00 hrs | 125+1115 km/Bus+Air | 705 ft)

*(Subject to flight schedule of the airlines)*

## LIAISON OFFICER

The Ministry of External Affairs appoints two Liaison Officers (LOs) for each batch. LOs are officers of the rank of Under Secretary or above to Government of India. LOs are the executive heads and leaders of the batch responsible for general welfare of the batch and for liaising with Indian, and Chinese authorities; maintaining discipline and orderly conduct of Yatris, with authority to decide whether any individual yatri should continue in the Yatra. The decision of LOs in all aspects during the Yatra is final and cannot be challenged. LOs shall be the sole spokesman for the batch. It is essential for the well-being and safety of the batch that all yatris follow instructions of LOs carefully, and support LOs in the discharge of their functions.

Each Liaison Officer would be provided with a pre-paid Chinese SIM card with limited credit, for use on the Chinese side, and to keep in contact with concerned authorities in any situation.

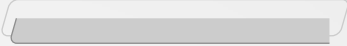
### **INSTRUCTIONS:**

Liaison Officers must keep the original group CHINESE VISA, with four sets of photocopies, in their personal custody and carry them throughout the Yatra, as the visa is screened en route at several points.

LOs must advise and ensure before the Yatra that all Yatris are equipped with proper clothing, shoes etc. for high altitude endurance and trekking.

### **FACILITIES ON THE INDIAN SIDE**

The KMVN / STDC provide accommodation at all the night halt



points. At the camps along the route, accommodation is in 'pucca' barracks or prefabricated fiberglass huts. There are regular toilet facilities at all camps. Portable generators provide electricity at all camps for limited hours in the mornings and evenings. Mattresses and quilts are provided at all camps. Therefore, yatris need not carry any sleeping bags with them. However, they may carry a bed sheet and pillow cover each, if required for personal hygiene. Utensils for cooking will also be provided to each batch for use in the camps on the Chinese side. It is advisable to make an inventory of these utensils and hand it over to the next batch at Taklakot/Sherathang.

## **FACILITIES ON THE CHINESE SIDE**

Taklakot (Purang) on the Lipulekh Route is an important town in the area. Accommodation is provided in Pulan Guest House, where regular rooms are available with cots, mattresses, comforters (rajai), etc. Electricity and hot water for bathing are available. The Chinese authorities provide vegetarian food of Chinese flavour, such as fried bread, fried groundnuts, vegetable soup, noodles, boiled rice, etc.

The camps at Dharchen, Deraphuk, Zunzhui Pu and Qugu are basic structures and have several rooms, which are to be shared. Each room can accommodate 4 to 6 pilgrims. Mattresses, pillows and comforters (rajai) are provided. There is electricity at Darchen camp only. Yatris have to prepare their own food with the help of hired cooks in all these camps. The Chinese side will provide water and stove for cooking. Utensils are provided by KMVN/STDC, which are carried along by first batch of each route. Yatris are advised to carry some food items of their choice from India. Quarantine regulations would apply on food items in Tibet.

## FOOD FACILITIES

Vegetarian meals is made available at each halt point. Yatris must appreciate the difficulty in arranging a variety of vegetables, especially in high altitude areas, where fresh supplies are scarce.

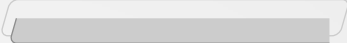
All regular meals during the Yatra on the Indian side is provided by KMVN/STDC. On the Chinese side, utensils will be made available, but each batch will need to hire 4-5 cooks. As part of normal practice, a Food Committee in each batch is nominated in order to facilitate food arrangements. Fresh vegetables and fruits can be bought in Taklakot out of pool money collected from Yatris. Food items like ☐ Atta, ☐ Rice, ☐ Dal, ☐ Noodles Packets, ☐ Pre-cooked/Tinned Vegetables, ☐ Instant Soup Packets, ☐ Tea leaves/Coffee, ☐ Milk powder for tea, ☐ Suji/Corn flakes/ Dalia, ☐ Refined Oil, ☐ Sugar, ☐ Garam Masala, ☐ Besan, ☐ Pickle, ☐ Tomato Puree, and ☐ Pooja Samagri for Havan - need to be carried from India.

If the ration is found insufficient, then additional purchases need to be made en route by the Food Committee from the pool money.

Additionally, it is advisable for each Yatri to carry some nourishing foodstuffs for personal consumption, like Biscuits (sweet/salty), Mixed dry fruits, Lemon drops, Chocolates/toffees, Soup powder packets, Cheese cubes, Chewing gum, Instant drinks, or Glucose.

## COMMUNICATION FACILITIES

Indian SIM cards normally stop functioning beyond Dharchula / Gangtok. Digital satellite public telephone (DSPT) facilities have



been installed by BSNL at KMVN/ITBP camps on the Indian side of the Yatra route. Yatris can avail this telephone service to communicate with their families and friends.

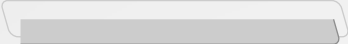
STD/ISD facility is available on self-paid basis at Dharchula, Gala, Budhi, Gunji, Navidhang, Taklakot and Darchen. ISD enabled Indian SIM cards / Matrix card are alternatives which can be bought in India.

Mobile phone facilities are available on the Chinese side at almost all places. Yatris may buy pre-paid SIM cards at Taklakot/Yatung/Rinchengang to avail of mobile phone facilities locally, but do check if outgoing ISD is working as it may be barred initially. Cell phones work all along the route of the Parikrama. Local SIM cards may have outgoing ISD barred.

## **LUGGAGE**

Lipulekh Route : Since it is a strenuous trek of long duration via Lipulekh pass, Yatris are advised to travel light and be judicious while packing their luggage. Only 20 kg of luggage is allowed per Yatri. Additionally, each batch is allowed to carry common luggage @ 5 kg per Yatri, which will be utilised to carry the collective food stuff for consumption on the Chinese side. Any luggage cumulatively found to be in excess of total calculated at the rate of 25 kg per yatri will be subjected to extra charges. In case there is a shortage of ponies/porters, the excess luggage will not be transported. Yatris need to keep this in mind while bringing holy water and making purchases in China and strictly adhere to this limit on their return journey.

Packing Advisory : On Lipulekh route Yatris are not allowed to



carry hard top suitcases. Baggage is carried by ponies/mules on Indian side. It is advisable to pack it in two separate bags, one part for Indian side, and other for Chinese side of the Yatra, to avoid carrying additional stuff on both sides.

It is best to wrap individual items in small polythene bags, place them in a canvas bag, and then again cover the bag with another polythene bag. These should be put in polypropylene/HDPE woven bags for water proofing, and protection against wear and tear. Bags made of similar material with zips are ideal as they are lightweight and tough.

Nathu La route : Baggage is subject to weight restrictions as per airline regulations on Delhi-Baghdogra sectors. It is advisable to pack in waterproof, soft cases for convenience of handling.

Hiring porters and animal transport: For the Indian side, each yatri has an option to hire a mule/pony for round trip, to be available at Narayan Ashram on the upward journey, and at Lipulekh Pass on the return journey. Booking should be done in advance at Dharchula, as ponies and porters are not normally available for hiring at the intermediate camps. Yatris are advised to book licensed porters / ponies approved by district authorities.

For the Kailash Parikrama in Tibet, number of porters and ponies need to be booked in advance at Taklakot for Lipulekh route, and at Darchen for Nathu La route. They would be available at Yam Dwar. Full advance is to be paid at Darchen.

## MEDICAL FACILITIES

One medical doctor provided by the State Government of would accompany each batch of yatris. Indo-Tibetan Border Police will provide medical assistance up to the border. Yatris are nevertheless advised to carry some basic medicines (ANNEXURE-B). Yatris may also ensure that they carry sufficient stock of prescribed medicines for them. During the Yatra, should the accompanying doctor and the Liaison Officer feel that a yatri is not fit to continue, their decision will be final. No refund is permissible in such cases under any circumstances.

On the Chinese side medical facilities are limited during the parikrama of Mount Kailash and Lake Manasarovar and Liaison Officer's decision on fitness of a yatri shall be final.

## HIGH ALTITUDE DISEASES

Due to decrease in the atmospheric pressure with increasing altitude, the atmospheric pressure at 18,000 feet is half that of sea level. Although, percentage of oxygen in air is the same, amount of oxygen inhaled reduces. Effects such as swelling, etc., due to blood pressure can increase with the reduced atmospheric pressure. Individuals who have suffered earlier are at a greater risk of mountain sickness, and ladies at premenstrual stage are more susceptible.

### • **High Altitude Diseases: Signs, Symptoms & Diagnosis:**

Acute mountain sickness is benign and is more common and may

appear upwards of 6,500 feet. The major symptoms are nausea, headache, vomiting, breathlessness, disturbed sleep, etc, and symptoms are aggravated by lack of rest. Dehydration and hyperventilation prolong the illness which otherwise subsides in a few days.

- **High Altitude Illness (HAI):**

High altitude is considered as more than 2,500 metres (8,000 feet) above the sea level. The main problem at high altitude is decreased availability of oxygen. HAI usually appears 6-12 hours after ascent. It is a disease caused by low atmospheric pressure at high altitude. HAI is of 3 types:

- Acute Mountain Sickness (AMS).
- High Altitude Cerebral Edema (HACE).
- High Altitude Pulmonary Edema (HAPE).
- Acute Mountain Sickness (AMS):

AMS is the most frequent type of altitude sickness encountered. It may occur after a recent gain in altitude of 2,500 metres or above. It is characterized by headache and one or more of following symptoms:

- Loss of appetite, nausea, vomiting.

- Fatigue, weakness, dizziness, light-headedness.
- Difficulty in sleeping.

### **TREATMENT:**

If AMS is mild to moderate, discontinue ascent, take rest at the same altitude and if no improvement is noticed, descend to lower altitude. Acetazolamide (Diamox®) can be advised. Severe form of AMS must be treated like HACE.

- **High Altitude Cerebral Edema (HACE):**

This life threatening condition occurs due to severe swelling of brain tissue from fluid leakage leading to deterioration of brain functions. It is the most severe form of AMS. HACE often manifests at night, can progress rapidly and may be lethal (coma/death) within few hours to two days. Symptoms include headache that does not respond to analgesics, fatigue, visual impairment, bladder dysfunction, bowel dysfunction, ataxia (loss of coordination of movements), paralysis on one side of the body, gradual loss of consciousness and mental status changes (quantitative or qualitative). Descent to lower altitudes may save those afflicted with HACE.

### **TREATMENT:**

Immediate descent to the lower altitude where the person last slept well (500–1,000 metres, if in doubt), giving oxygen and

using hyperbaric bag are advised. Acetazolamide and dexamethasone should be advised.

- **High Altitude Pulmonary Edema (HAPE):**

HAPE is caused due to leak and accumulation of fluid in the lungs leading to respiratory failure. This may occur with or without signs of AMS. HAPE often manifests at night (typically the second night of ascent), progresses rapidly, lethal within hours, and may lead to development of HACE. HAPE is characterized by the following symptoms:

- Shortness of breath even when resting.
- Persistent dry cough and bright red stained sputum.
- Weakness, fatigue and drowsiness.
- Chest tightness, fullness and congestion.
- Fast breathing and increased heart rate.

**TREATMENT:**

The patient is advised not to exert and must be immediately transported to the lower altitude where the person last slept well (descent of 500–1,000 metres, if in doubt). Give oxygen, use hyperbaric bag and CPAP. If treated promptly, HAPE patients recover in 1-2 days.

### • **Retinal Haemorrhages:**

The retinal haemorrhage commonly occurs at 16,000 feet and above and resolves without treatment. Transient dimmed vision and even total blindness is also reported with or without retinal haemorrhages.

### • **Oedema of Face and Peripheral Oedema:**

Swelling of the face of body may also be noticed at high altitude.

### • **Prevention of HAI:**

- a. Frequent small meals rich in calories and carbohydrates like jams, fruits, and starches help. Gradual ascent within the tolerance zone, drinking of sufficient water and good acclimatization to decreased oxygen levels at higher elevations is advisable, in order to avoid altitude sickness.
- b. Drugs: acetazolamide (Diamox) 2 x 125 - 250 mg per day, indicated if forced rapid ascents and medical history of AMS. Aspirin reduces platelet aggregation and decreases the risk of HAPE.
- c. Avoid alcohol, medications that cause depression of breathing such as sleeping pills, sedatives and strong pain-killers.

- **Snow Blindness :**

Due to exposure to reflection from snow. Use good quality snow glasses for prevention.

## **PHOTOGRAPHY**

Yatris are advised to carry extra batteries as the discharge rate is faster at high altitudes. Power supply is available at limited places and for limited periods for recharging batteries during the course of the Yatra. Yatris may also carry an extra memory card.

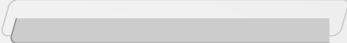
## WEATHER

Pilgrimage is undertaken during the monsoon season. The first few days of the trek in the lower reaches on the Indian side of the Lipulekh route may often involve walking in the rain. The monsoon is less intense in the higher reaches. For the latter, colder part of the trek, it is necessary to avoid getting wet. A good raincoat is essential, and so are woollens and windcheaters for protection against windy and rainy weather. In the higher altitudes, it tends to be hot during day time and cold after sunset. Due to cold winds, and the combination of changing weather and exposure to ultra-violet radiation, skin might sustain damage unless adequate precautions are taken by applying liberal amount of sunscreen lotion. Each Yatri must use a broad P-cap or straw hat to protect one's face against the harsh sunlight. Extra pairs of socks are useful during wet weather. Please obtain the minimum recommended items listed in Annexure B.

## DO'S AND DON'TS FOR YATRIS

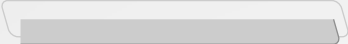
### • Do's

1. For smooth and successful completion of the Yatra, it is essential to develop good understanding among yatris.
2. Treat the mountains with respect. Do not attempt to 'conquer' them or show off physical fitness.
3. Keep the environment clean.
4. Walk at a steady, rhythmic pace.
5. Walk with a companion/small group as a safety measure against sudden sickness and accidents.
6. Keep away from high conical rocks.
7. If at lower altitude, take shelter under a lone tree or on top of a hill.
8. Avoid wearing very thick woollen layers. Instead, wear loose clothes in several layers with an outer wind covering.
9. Get at least two pairs of good trekking shoes and practise walking with these at least two weeks before the Yatra.
10. Wear thin polyester socks. If wearing two pairs of socks, wear polyester inside to avoid blisters.
11. Ensure to keep feet dry. Use dusting powder before wearing



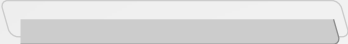
socks and change into dry socks soon after reaching the camp. Use of wet socks or wet shoes causes extreme discomfort, blisters and skin ailments. It is therefore advisable to carry extra pairs of socks.

12. Wear well-fitting gloves to protect hands and fingers. Hands, feet, ears and nose must be protected against extreme cold. Continuous exposure of hands and feet can bring down the body temperature drastically and cause high altitude pulmonary oedema.
13. Drink enough water and fluids as small sips during trekking. Consume hot, sweet fluids and enough nourishment to provide energy for body.
14. Use good quality tinted snow-glasses or dark sun-glasses to protect eyes against snow blindness.
15. Apply good quality sunscreen lotion ( 50 SPF) to exposed parts of the body to avoid sun burn, particularly during the Parikrama.
16. Take prompt treatment for minor cuts, blisters and ulcers.
17. Move fingers, toes and facial muscles, and exercise limbs during periods of immobility by wiggling the toes and fingers and wrinkling the face muscles at intervals. Keep in motion to remain warm.
18. If there is heavy snowfall or snow storms, stay close to each other and avoid being separated.

- 
19. Ensure that the batch commences the day's trekking early in the morning according to schedule/itinerary.
  20. Follow instructions of the Liaison Officer properly.
  21. Always carry : Your Passport, Yatri ID, Medical Report, Medicines, Poncho/raincoat in your back pack.

## • Don'ts

1. Do not get separated from fellow yatri. Don't get separated from the main group of trekking and ensure that the person in the front remains in sight.
2. Do not attract lightening during electric storms by putting up pointed objects like ice-axes or wireless aerials.
3. Do not neglect to consume sufficient food and fluids. Remember that pilgrims suffer from loss of appetite at high altitudes. So, per force consume enough nourishment.
4. Do not wear climbing boots that leak or are tight.
5. Do not wear wet socks or permit socks to wrinkle inside the boots, as this will cause blisters.
6. Do not neglect minor injuries like cuts, blisters and ulcers as these may become frost-bitten.
7. Do not sleep with boots on.
8. Do not carry too heavy a load (max. 5 kgs)
9. Do not over-exert. Fatigue can lead to cold and more serious problems, especially at high altitudes.
10. Do not smoke or consume alcohol during the Yatra and especially at high altitudes, as this is dangerous and has serious consequences.

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11. Do not engage in self-propagation of your business, or that of your organization.
  12. Do not take bath in the Holy Manasarovar Lake, as the Chinese authorities have stopped this practice from 2018.

## **LEGAL**

Without prejudice to the foregoing, all claims, disputes, differences shall be subject to the jurisdiction of Courts in Delhi only.

Yatra schedule and other information provided in this Guide are subject to change without prior notice/ in the event of unforeseen circumstances. The Ministry of External Affairs or any other agency associated with Kailash Manasarovar Yatra cannot be held responsible in any manner for such changes and no claim whatsoever can be made against these agencies.

## ANNEXURE- A

### NECESSARY EQUIPMENT FOR THE YATRA

No.	ITEM	QUANTITY
1.	Wind-proof jacket with hood/parka	1 no.
2.	Sweaters	2 nos.
3.	Balaclava (Monkey cap)	1 no.
4.	Woollen / leather (water proof) gloves	1 pair each.
5.	Woollen/ cotton long johns / warmers/ mountaineering trousers	2 pairs
6.	Thin Polyester (pp) socks	4 pairs
7.	Woollen/Cotton socks	4 pairs
8.	Pants /Jeans/ lowers	3 nos.
9.	Shorts	2 nos.
10.	Full sleeve Shirts/T-shirt	6 nos.
11.	Sun glasses/Snow glasses (with UV protection), with chain for hanging around neck	1 no.
12.	Trekking shoes with good grip (light weight) (carry extra shoe laces; normal sports shoes not advised)	2 pairs
13.	P-cap or broad brimmed straw hat (for protection against the sun)	1 no.
14.	Head / Torch light (carry one set of extra cells), and whistle	1 no.
15.	Raincoat/Poncho (large size)	1 no.

No.	ITEM	QUANTITY
16.	Belt pouch or small backpack for – passport camera/ money/medicines/documents	1 no.
17.	HDP/Plastic sheet for water proofing luggage	1 no.
18.	Toilet paper	*
19.	Sun screen lotion - 50 SPF (for protection from sunburn)	1 no.
20.	Petroleum Jelly	1 no.
21.	Match box/lighter	*
22.	Multipurpose pocket knife	1 no.
23.	Rubber / bathroom slippers	1 no.
24.	Extra memory card/ cassette for camera	*
25.	Walking stick (very useful)	one
26.	Hand sanitizer / paper soap	*
27.	Light food items for personal consumption.	*

\* May be carried according to personal requirement. Please note the maximum baggage limitation.

**Note:** Some NGOs may be interested to donate food or such useful items for the Yatris. Such organizations may directly contact the LO or the Food Committee of the batch for this purpose.

## ANNEXURE- B

### USEFUL MEDICINES THAT MAY BE CARRIED BY YATRIS

	NAME OF MEDICINE	UNIT	QUANTITY
1.	Crocin (for fever)	Strip	01
2.	Pantaprazole	Strip	02
3.	Digene (for acidity)	Strip	01
4.	Vitamin C 500mg (for building up immunity to cold)	Strip	01
5.	Pulv Electrol (for dehydration)	Packets	02
6.	Diamox Strip	01	
7.	<b>ANTIDIARRHOEAL</b> (a) Norflox	Strip	01
	(b) Norflox TZ	Strip	01
	(c) Neutrolin-B	Strip	01
	(d) ORS satchets		
8.	<b>ANTIBIOTIC:</b> Levofloxacin (once a day)	Tablets	05 tablets
9.	Cough Syrup	Bottle	01
10.	<b>ANALGESICS:</b> Brufen – 400 mg or Combiflam	Strip	01
11.	Lipsol (lip balm) Nos.	01	
12.	Bandage cloth	Roll	01 (15cm)
13.	Bandage cloth	Roll	01 (7.5 cm)

	NAME OF MEDICINE	UNIT	QUANTITY
14.	Cotton	Grams	100
15.	Tincture Benzoin ML 50		
16.	Adhesive Plaster (small spool)	Nos.	01
17.	Band Aid Pcs.	04	
18.	Betadine lotion, Betadine ointment		01 each
19.	Clomitrazole/Boric Powder	No.	01

Diarrhoea is a common complaint in mountain areas. Yatris are advised to take ORS packs to replenish loss of salts.

Yatris, who prefer Homeopathy, may carry Homoeopathic medicines. Tr. Coca is understood to be useful in High Altitude Pulmonary Edema (HAPE).

If a Medical Doctor is a yatri or LO, he/she may carry along emergency medicines, like Lasix / Sorbtrate / Diamox / Amlodipine 5 mg / Splint / Decadron, etc.

It may be useful to carry few units of disposable Oxy Care (oxygen) with each batch.

### Sources: DHLI and ITBP

#### CAUTION:

Use of any medicines without proper medical advice can be harmful or even fatal in high altitude conditions. Yatris, therefore, are strongly advised to ensure that medicines carried by them are duly approved by a qualified physician or doctor.

The Medical Officer, accompanying yatris on the Indian side would have a stock of general medicines. Yatris are however advised to carry their personal stock of recommended medicines.

## Medical Tests for the Yatra

The below mentioned laboratory tests and investigation would be conducted by Delhi Heart & Lung Institute (DHLI), and ITBP Hospital before the Yatra to determine high altitude endurance of the Yatri. The acceptable reference range and cut-off values for the mentioned tests would be applicable while considering the fitness of an applicant for high altitude endurance/trekking.

- ▶ **Body Mass Index:** A person's fitness for the Yatra depends on many factors of his/her health. An otherwise fit person should try to lower the BMI level to 25 or less to add to his/her fitness.
- ▶ Before applying for the Yatra, applicant may consult reputed hospitals in their place of residence for pre-checks to find out if their physical & medical condition is within this range of values. This is only a suggestion.
- ▶ Test results from other hospitals/centres would not be valid for this purpose.
- ▶ Additional medical checks during Yatra to ascertain reaction to high altitude endurance/trekking will be conducted by the ITBP at the following places:

Lipulekh route, at Gunji

Nathu La route, at Sherathang

- ▶ Medical examination/test fees are non-refundable.

## ANNEXURE- C

Investigation	Unit	Reference value	Cut-off value	Investigation	Unit	Reference value	Cut-off value
Haemoglobin	%	13-17	11 gm%	S. Bilirubin Total	mg/dl	0.2-1.2	2mg/dl
Total Leucocyte count	/cumm	4000-11000	4000/cumm 11000/cumm	S. Bilirubin Direct	mg/dl	0.0-0.3	0.4 mg/dl
S. Cholesterol	mg/dl	150	No range	S. Bilirubin Indirect	mg/dl	0.1-0.6	1 mg/dl
S. Triglyceride	mg/dl	150	No range	SGOT	U / L	0-40	120 U/L
Blood Sugar (F)	mg/dl	74-100	130 mg/dl	SGPT	U / L	0-41	120 U/L
Blood Sugar (PP)	mg/dl	74-140	180 mg/dl	TMT			Abnormal Stress Test
HbA1C	%	4.8-5.9	8%	X-Ray			Abnormal Chest X-Ray
S. Urea	mg/dl	16.6-48.5	55mg/dl	ECG			Abnormal ECG
S. Creatinine	mg/dl	0.7-1.2	1.5 mg/dl	PFT			Abnormal PFT

## LIST OF USEFUL CONTACTS

Sl.	NAME AND ADDRESS	Telephone, email, fax
1.	Under Secretary (East Asia) Ministry of External Affairs, Room: 270A, South Block, New Delhi – 110011.	011-2301-2847 dsjk@mea.gov.in 011-23016559
2.	Attaché (China) MEA, Room SB-255A, New Delhi-110011.	011-2301-4900 sochina@mea.gov.in 011-23016559
3.	Yatra Assistant MEA, Room SB-235 F, New Delhi-110011.	011-2301-0788 kmyatra@mea.gov.in 01123016559
4.	SDM Delhi Government	011-23913166, 23962825, m-9810197785 rkdada56@gmail.com 011-23931269
5.	District Magistrate Pithoragarh, Uttarakhand.	05964-225201, 225301, m-09410392121 dm-pit-ua@nic.in 05964-225441,225395
6.	SDM Dharchula, Uttarakhand.	05967-222207, 222817, m-09458105836 sdmdha-pit-uk@nic.in 05967-222207

## LIST OF USEFUL CONTACTS

Sl.	NAME AND ADDRESS	Telephone, email, fax
7.	MD, KMVN, Car Parking, Sukhatal Mallital, Nainital, Uttarakhand.	0594- 2236209 mdkmvn71@gmail.com 0594- 2236897
8.	General Manager, KMVN, Car Parking, Sukhatal Mallital, Nainital, Uttarakhand.	0594-2236356, m-8650002501 kmvn@yahoo.com 0594-2231504
9.	Shri Gopal Singh Bisht, Senior Manager KMVN, New Delhi.	011-41519366, 23319835 m-9410158678 kmvnnewdelhi@yahoo.com 011-41519366
10.	Yatra Adhikari KMVN, Dharchula, Uttarakhand.	05967-222557 trcdharchula@gmail.com
11.	DIG (Operations), ITBP, New Delhi.	011-24364266 admin01@itbp.gov.in Fax: 011-24360268
12.	Commandant 7th Battalion, ITBP, Post Merthi District Pithoragarh, Uttarakhand.	05964-232135 comdt7thbn@itbp.gov.in Fax : 05964-232838
13.	Commandant 48th Battalion, ITBP, District Katihar, Bihar.	06900-176384 comdt48thbn@itbp.gov.in

## LIST OF USEFUL CONTACTS

Sl.	NAME AND ADDRESS	Telephone, email, fax
14.	Dr. Neelam Sethi, Director Delhi Heart and Lung Institute, New Delhi.	011-42999999, 42999850 M:9810121740 info@dhli.in drnsethi@dhli.in sethineelkamal@rediffmail.com Fax: 011-23514489
15.	Shri Kamal Bansal, Chairman, Delhi Sarkar Teerath Yatra Vikas Samiti.	011-23983055, M +91 8882886566 011-22802799
16.	President Gujrati Samaj Sadan 2, Rajniwas Marg, Delhi-110054	011-23981796 - 8, 011-23983066 president@gujaratisamajdelhi.com 011-23983066
17.	Chief Manager Central Bank of India, Ashoka Hotel Branch 50B, Chanakya Puri, New Delhi.	011-24104125, 24101848 011-26110101/extn.3958, cmdela0298@centralbank.com 011-24679639, 24675469
18.	Embassy of India, Beijing (China)	Phone : (86-10) -8531-2511 FAX : (86-10) -8531-2515 Mobile : 18612083607 Email: mincons.beijing@mea.gov.in
19.	Secretary (Tourism) Tourism and Civil Aviation Department, Gangtok, Sikkim	Tel: 03592-232218 secy_tourism@yahoo.com Fax: 03592-232218

## LIST OF USEFUL CONTACTS

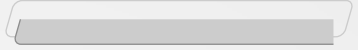
Sl.	NAME AND ADDRESS	Telephone, email, fax
20.	Chief Executive Officer, STDC Hotel Mayur, PS Road, Gangtok, Sikkim-737101	Tel: 03592-201373 Fax: 03592-200325 stdcsikkim@yahoo.co.in
21.	Shri Vijay Thapa, General Manager, STDC Hotel Mayur, PS Road, Gangtok, Sikkim-737101	Tel: 03592-201372 stdcsikkim@yahoo.co.in vthapa71@yahoo.com Fax: 03592-200325
22.	Public Relation Officer New Sikkim House, 14 Panchsheel Marg, Chanakpuri, New Delhi-110021	Tel-011-46010006 Mobile: +91 9434093698 stdcsikkim@yahoo.co.in
23.	District Magistrate East District, DAC, Sichey, Gangtok-737101	Tel: 03592-284444 9434741997 dmgangtok@gmail.com Fax: 03592-284222

### INFORMATION GUIDE FOR YATRIS – 2019

Note: Contents of this Guide are subject to change.

**For information and feedback**  
**Website <https://kmy.gov.in>**

**Helpline 011-24300655**



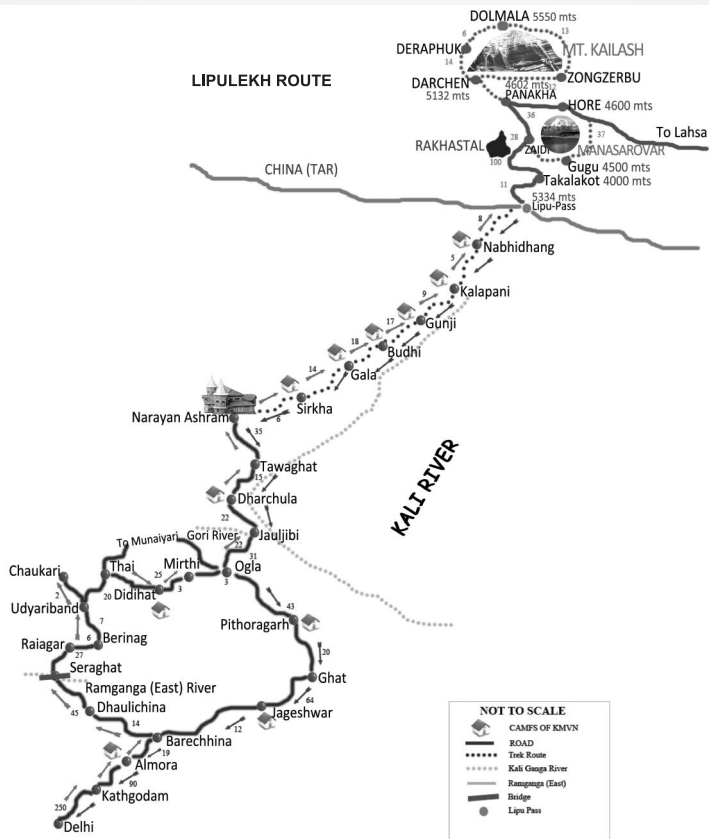
## NOTES



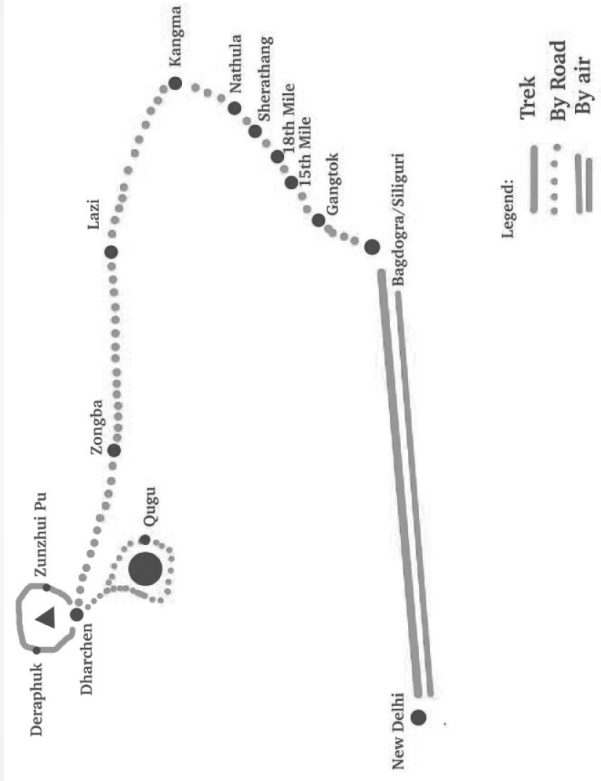
# KAILASH MANSAROVAR YATRA

## ROUTE MAP

### LIPULEKH PASS



## ROUTE MAP NATHU LA PASS







**East Asia Division  
Ministry of External Affairs  
Government of India  
<https://kmy.gov.in>**

**चीन जनवादी गणराज्य के तिब्बत स्वायत्त क्षेत्र में भारतीय आधिकारिक तीर्थयात्रा (कैलाश मानसरोवर यात्रा) के संबंध में भारत गणराज्य के विदेश मंत्रालय और चीन जनवादी गणराज्य के विदेश मंत्रालय के बीच प्रोटोकॉल**

भारत गणराज्य का विदेश मंत्रालय और चीन जनवादी गणराज्य का विदेश मंत्रालय (जिन्हें इसमें इसके बाद दोनों पक्षकार कहा गया है),

दोनों देशों के बीच मैत्रीपूर्ण सहयोग, सांस्कृतिक संपर्कों और धार्मिक आदान-प्रदान को अपेक्षाकृत अधिक बढ़ावा देने की इच्छा से,

भारत गणराज्य के विदेश मंत्रालय और चीन जनवादी गणराज्य के विदेश मंत्रालय के बीच 9 मई, 2013 को संपन्न द्विपक्षीय संबंधों में सहयोग पर प्रोटोकॉल के अनुसरण में,

चीन जनवादी गणराज्य के विदेश मंत्रालय द्वारा और चीन जनवादी गणराज्य के तिब्बत स्वायत्तशासी क्षेत्र की संबंधित प्राधिकारियों द्वारा प्रतिवर्ष तीर्थ यात्रा का आयोजन करने में उपलब्ध कराए गए सहयोग को स्वीकार करते हुए,

तीर्थयात्रा पर जानेवाले तीर्थयात्रियों को चीनी पक्ष द्वारा उपलब्ध कराई गई सुविधाओं में हुए सुधार पर गौर करते हुए,

निम्नलिखित के अनुसार सहमत हुए हैं:

**अनुच्छेद-1**

आधिकारिक तीर्थयात्रा (यात्रा) से अभिप्राय है भारत गणराज्य के विदेश मंत्रालय द्वारा आयोजित तथा चीन जनवादी गणराज्य के विदेश मंत्रालय द्वारा विशेष व्यवस्था के आधार

पर भारत के तीर्थयात्रियों द्वारा चीन के तिब्बत स्वायत्तशासी क्षेत्र में माउंट कैलाश (गांग रेनपोशे) और मानसरोवर (मापाम युन सो) की यात्रा।

### अनुच्छेद-2

दोनों पक्षकार प्रतिवर्ष जून से सितंबर तक यात्रा का आयोजन करने पर सहमत हुए हैं। वास्तविक तारीखें प्रतिवर्ष परस्पर परामर्श के माध्यम से तय की जाएंगी। भारतीय पक्ष प्रत्येक वर्ष आधिकारिक तीर्थ यात्रियों को 18 जत्थों में भेजेगा, प्रत्येक जत्थे में 60 तीर्थयात्री होंगे। जत्थों और तीर्थयात्रियों की संख्या में परस्पर सहमति से बदलाव किया जा सकेगा।

### अनुच्छेद-3

आधिकारिक तीर्थयात्रियों के लिए चीनी पक्ष द्वारा लिए जाने वाले शुल्क का निर्धारण मूल्यों में वृद्धि, विनिमय दरों में उतार-चढ़ाव तथा तीर्थयात्रा के मार्ग पर तीर्थयात्रियों के उपयोग के लिए अवसंरचना तथा सुविधाओं के विकास पर किए गए निवेश को ध्यान में रखते हुए दोनों पक्षों द्वारा परस्पर परामर्श से किया जाएगा। चीनी पक्ष तीर्थयात्रियों के मार्ग में मौजूदा सुविधाओं में अपेक्षाकृत अधिक सुधार करने और सुविधाएं प्रदान करते समय तीर्थयात्रियों की धार्मिक संवेदनशीलता के अनुरूप कार्य करने पर सहमत हुआ। भारतीय तीर्थयात्री स्थानीय नियमों और कानूनों का अनुपालन करेंगे।

### अनुच्छेद-4

चीनी पक्ष ने परिवहन और चिकित्सा उपचार सुविधाओं में सुधार करने की दिशा में और आपातकालीन बचाव योजनाएं तैयार करने में कार्य किया है जिससे तीर्थयात्रियों के चोटिल होने तथा मौत की घटनाओं की संख्या में महत्वपूर्ण कमी आई है। भारतीय पक्ष तीर्थयात्रा पर जाने से पहले तीर्थयात्रियों की स्वास्थ्य एवं चिकित्सा जांच जारी रखने पर सहमत होता

है ताकि वैसे तीर्थयात्रियों को हटाया जा सके जो तीर्थयात्रा करने हेतु चिकित्सीय दृष्टिकोण से अयोग्य हैं। भारतीय पक्ष तीर्थयात्रियों की सुरक्षा जागरूकता को बढ़ाने के लिए सलाह (ब्रीफिंग) देना जारी रखेगा। दोनों पक्षकार तीर्थयात्रा के दौरान सामने आने वाली किन्हीं भी आपात स्थितियों से निपटने में सहयोग करने पर राजी हुए। चीनी पक्ष ऐसे स्थानीय अधिकारियों के संपर्क ब्यौरे उपलब्ध कराएगा जिनसे आपात स्थिति में आवश्यकता पड़ने पर संपर्क किया जा सकता है।

#### अनुच्छेद-5

चीनी पक्ष निर्बाध संचार बनाए रखने के लिए तीर्थयात्रियों द्वारा वायरलैस रेडियो सेट और स्थानीय मोबाईल फोन सिम कार्ड किराए पर लेने में भारतीय पक्ष की सहायता करेगा। दोनों पक्षकार आपसी सहयोग बढ़ाने तथा चीन जनवादी गणराज्य के तिब्बत स्वायत्त क्षेत्र में तीर्थयात्रियों द्वारा सामना की गई व्यावहारिक कठिनाइयों तथा समस्याओं को संबंधित स्थानीय अधिकारियों के सहयोग से सुलझाने पर सहमत हुए। इसके लिए, चीनी पक्ष प्रत्येक वर्ष तीर्थयात्रा का समन्वय करने वाले स्थानीय प्राधिकारियों के संपर्क ब्यौरे उपलब्ध कराएगा।

#### अनुच्छेद-6

भारतीय आधिकारिक तीर्थयात्रियों का प्रत्येक जत्था लिपुलेख दर्रे (छियांगला) के रास्ते एक समूह के रूप में चीनी पक्ष में प्रवेश और बहिर्गमन करेंगे और चीन जनवादी गणराज्य के तिब्बत स्वायत्तशासी क्षेत्र के विदेश कार्यालय द्वारा उनका स्वागत किया जाएगा। चीनी पक्ष अपने घरेलू नियमों तथा कानूनों के आधार पर आधिकारिक तीर्थयात्रियों के लिए सुविधा प्रदान करने पर सहमत होता है।

### अनुच्छेद-7

प्रतिवर्ष भारतीय तीर्थयात्री बड़ी संख्या में माउंट कैलाश (गांग रेनपोशे) और मानसरोवर (मापाम सो) की यात्रा व्यावसायिक टूर ऑपरेटर्स तथा ट्रेवल एजेंटों के माध्यम से करते हैं। चीनी पक्ष अपने घरेलू नियमों तथा कानूनों के अनुसरण में इन तीर्थयात्रियों को आवश्यक सुविधाएं तथा सहायता भी प्रदान करने पर सहमत होता है।

### अनुच्छेद 8

यह प्रोटोकॉल इस पर हस्ताक्षर करने की तारीख से प्रभावी होगा और यह पांच वर्षों की अवधि के लिए मान्य रहेगा तथा इसके बाद यह पांच अन्य वर्षों के लिए स्वतः ही उसी समय बढ़ा दिया जाएगा यदि दोनों पक्षकारों में से कोई एक पक्षकार दूसरे पक्षकार को इस प्रोटोकॉल को समाप्त करने के अपने इरादे की सूचना इसकी समाप्ति की तारीख से छह महीने पहले लिखित रूप में न दे दे। दोनों पक्षकार परस्पर सहमति के जरिए इस प्रोटोकॉल में यथा आवश्यक संशोधन और संवर्धन कर सकते हैं।

नई दिल्ली में 20 मई, 2013 को हिंदी, अंग्रेजी और चीनी भाषाओं में दो-दो प्रतियों में संपन्न, सभी तीनों समान रूप से प्रमाणिक हैं। भिन्नता की स्थिति में अंग्रेजी पाठ मान्य होगा।

2013.05.20

✓

भारत गणराज्य के विदेश मंत्रालय  
की ओर से

चीन जनवादी गणराज्य के विदेश मंत्रालय  
की ओर से

**Protocol between the Ministry of External Affairs of the Republic of India and Ministry of Foreign Affairs of the People's Republic of China on Indian Official Pilgrimage (the Kailash Mansarovar Yatra) to the Tibet Autonomous Region of the People's Republic of China**

The Ministry of External Affairs of the Republic of India and Ministry of Foreign Affairs of the People's Republic of China (hereinafter referred to as "the two Sides"),

*Desirous* of further promoting friendly cooperation, cultural linkages and religious exchanges between the two countries;

*In pursuance* of Protocol on Cooperation in Bilateral Relations between the Ministry of External Affairs of the Republic of India and the Ministry of Foreign Affairs of the People's Republic of China of 9 May 2013;

*Acknowledging* the cooperation extended by the Ministry of Foreign Affairs of the People's Republic of China and the relevant authorities of the Tibet Autonomous Region of the People's Republic of China in arranging the pilgrimage every year;

*Noting* the improvement that has taken place in the facilities provided by the Chinese side to the pilgrims undertaking the pilgrimage;

*Have agreed* as follows:

**Article 1**

The Official Pilgrimage (Yatra) refers to visits by pilgrims from India to Mt. Kailash (Gang Renpoche) and Manasarovar (Mapam Yun Tso) in the Tibet Autonomous Region of People's Republic of China, on the basis of a special arrangement made by the Ministry of Foreign Affairs of the People's Republic of China and organized by the Ministry of External Affairs of the Republic of India.

**Article 2**

The two Sides have agreed to conduct the pilgrimage (Yatra) every year from June to September. The exact dates each year will be worked out through mutual consultation. The Indian side will send official pilgrims in 18 batches every year, each batch consisting of 60 pilgrims. The number of batches and pilgrims per batch may be increased by mutual agreement.

### **Article 3**

The charges on the Chinese side for official pilgrims will be decided by the two Sides on the basis of prior mutual consultations keeping in mind increase in prices, fluctuations in exchange rates and investments made in developing infrastructure and facilities for use of the pilgrims on the pilgrimage route. The Chinese side agreed to further improve the existing facilities on the route of the pilgrimage and accommodate the religious sensitivities of the pilgrims. The Indian pilgrims will observe the local laws and regulations.

### **Article 4**

The Chinese side has worked towards improving transportation and medical treatment facilities and in preparing emergency evacuation plans, which has significantly reduced the number of incidents of injury and deaths of pilgrims. The Indian side agrees to continue health and medical examinations of the pilgrims of the pilgrims prior to their departure for the pilgrimage so as to avoid pilgrims who are medically unfit from undertaking the pilgrimage. The Indian side would carry out briefings to enhance safety awareness of the pilgrims. Both Sides agreed to cooperate in handling any emergencies that may arise during the course of the pilgrimage. The Chinese side would provide contact details of local officials who are to be contacted in case of emergency.

### **Article 5**

To maintain smooth communication, the Chinese side would assist the Indian side in renting wireless radio sets and local mobile phone SIM cards by the pilgrims. The two Sides agreed to enhance their coordination and to resolve practical problems or difficulties faced by the pilgrims in coordination with relevant local officials in the Tibet Autonomous Region of the People's Republic of China. To this end, the Chinese side would provide contact details of local officials coordinating the pilgrimage each year.

### **Article 6**

Each batch of Indian official pilgrims shall enter and exit Chinese territory as a group through the Lipulekh Pass (Qiangla) and will be received by the Foreign Affairs Office of Tibet Autonomous Region of the People's Republic of China. The Chinese side agrees to provide facilitation for the entry of official pilgrims based on its domestic laws and regulations.

### Article 7

Each year a large number of Indian pilgrims visit Mt. Kailash (Gang Renpoche) and Mansarovar (Mapam Yum Tso) through commercial tour operators and travel agents. The Chinese side agrees to provide necessary facilities and support to these pilgrims as well in accordance with its domestic laws and regulations.

### Article 8

This Protocol will come into effect from the day of signing and shall be valid for a period of five years and shall be automatically extended for a further period of five years at a time, unless either of the two sides gives to the other a notice, in writing, 6 months in advance of the date of its expiry, of its intention to terminate the Protocol. The two Sides can modify and supplement the Protocol as necessary through consensus.

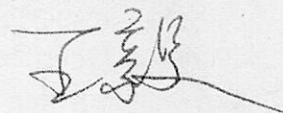
Signed in duplicate in New Delhi on the 20<sup>th</sup> of May 2013, in Hindi, English and Chinese languages, all three being equally authentic. In case of divergence, the English text shall prevail.

**For the Ministry of External Affairs of  
the Republic of India**



**Salman Khurshid  
Minister of External Affairs**

**For the Ministry of Foreign Affairs of  
the People's Republic of China**



**Wang Yi  
Minister of Foreign Affairs**

印度共和国外交部和中华人民共和国外交部关于  
印度官方香客赴中国西藏自治区朝圣的议定书

印度共和国外交部和中华人民共和国外交部（以下称双方），

为进一步促进两国间的友好合作、文化联系和宗教往来；

遵照 2013 年 5 月 9 日签署的印度共和国外交部和中华人民共和国外交部关于双边关系合作的议定书，

感谢中华人民共和国外交部和西藏自治区各级政府在每年安排香客朝圣方面给予的合作；

注意到中方向印度香客提供的朝圣设施的改善；

达成协议如下：

第一条

印度官方香客朝圣指在中华人民共和国外交部作出特殊安排的基础上，由印度共和国外交部统一组织印度国内信众赴中国西藏自

治区神山（冈仁波齐山）和圣湖（玛旁雍错湖）朝拜。

## 第二条

双方同意从每年6月至9月进行官方香客朝圣。每年朝圣的具体日期将由双方协商决定。印方将每年派出18批官方香客，每批60人。在双方同意的情况下，朝圣的批次和每批人数可以增加。

## 第三条

中方对印度官方香客收取的费用将在考虑到物价上涨、汇率变化和朝圣基础设施投入等因素的基础上，经过双方协商一致决定。中方同意进一步改善朝圣路线上的现有设施，并照顾到香客的宗教禁忌。印度香客将遵守当地有关法律和法规。

## 第四条

中方在改善交通运输、医疗救治设备和准备紧急逃生预案等方面作出了不懈努力，大大降低了香客伤亡情况。印方同意继续对香客进行朝圣前的身体检查，避免安排身体状况不适宜的人员前往朝圣。印方将开展教育加强香客的安全意识。双方同意合作应对在朝

圣过程中可能出现的紧急事件。中方将提供当地负责处理紧急事件官员的详细联系信息。

### 第五条

为保持通讯畅通，中方将协助印方为香客租用无线电台或当地手机卡。双方同意加强沟通协调，通过与中国西藏自治区当地官员的配合，解决印度官方香客遇到的实际问题和困难。为此，中方将提供负责协调每年朝圣安排的当地官员联系方式。

### 第六条

每批印度官方香客团从中印边界强拉山口集体入、出境，由中国西藏自治区外事侨务办公室负责接待。中方同意根据国内法律法规为官方香客入境提供便利。

### 第七条

双方注意到每年均有大批印度香客通过旅游途径自费赴神山圣湖朝圣。中方愿在国内法律法规允许的情况下，为他们提供必要的便利和支持。

## 第八条

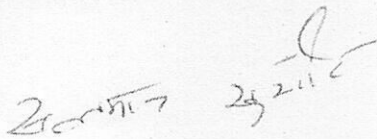
本议定书自签字之日起生效，有效期 5 年。在本议定书有效期满 6 个月前，如果任何一方未以书面形式通知另一方要求终止本议定书，则本议定书的有效期将自动延长 5 年。

经双方同意，可对本议定书进行修改和补充。

本议定书于 2013 年 5 月 20 日在新德里签订，一式两份，每份均用印地文、中文和英文写成，三种文本同等作准。如对文本的解释发生分歧，以英文文本为准。

印度共和国外交部

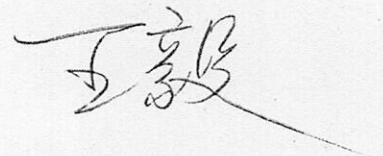
代表



外交部长萨尔曼·库尔希德

中华人民共和国外交部

代表



外交部长王毅

भारत गणराज्य के विदेश मंत्रालय और चीन जनवादी गणराज्य के विदेश मंत्रालय  
के बीच भारतीय तीर्थयात्रा (कैलाश मानसरोवर यात्रा) के लिए चीन जनवादी  
गणराज्य के तिब्बत स्वायत्त क्षेत्र में एक नया मार्ग खोलने से संबंधित समझौता  
जापन

भारत गणराज्य का विदेश मंत्रालय और चीन जनवादी गणराज्य का विदेश मंत्रालय  
(यहां इसके पश्चात "दोनों पक्षकार" कहा गया है),

वर्ष 1981 में दोनों पक्षकारों द्वारा लिपुलेख दर्रे/छियांगला के रास्ते से भारतीय  
तीर्थयात्रा (कैलाश मानसरोवर यात्रा) पुनः प्रारंभ करने के बारे में लिए गए निर्णय  
और भारत गणराज्य के विदेश मंत्रालय और चीन जनवादी गणराज्य के विदेश  
मंत्रालय के बीच भारतीय तीर्थयात्रा (कैलाश मानसरोवर यात्रा) के लिए चीन जनवादी  
गणराज्य के तिब्बत स्वायत्त क्षेत्र में एक नया मार्ग खोलने संबंधी 20 मई, 2013  
के प्रोटोकॉल का स्मरण करते हुए;

चीन जनवादी गणराज्य और चीन जनवादी गणराज्य के तिब्बत स्वायत्त क्षेत्र के  
संबंधित प्राधिकारियों द्वारा प्रत्येक वर्ष तीर्थयात्रा की व्यवस्था करने में दिए गए  
सहयोग को स्वीकार करते हुए;

चीन के तिब्बत स्वायत्त क्षेत्र में नए मार्ग से संबंधित भारतीय तीर्थयात्रियों की  
मांग को पूरा करने और दोनों देशों के बीच मैत्रीपूर्ण आदान-प्रदानों को आगे बढ़ाने  
की आवश्यकता का संज्ञान लेते हुए;

निम्नानुसार सहमत हुए हैं:

### अनुच्छेद 1

चीन जनवादी गणराज्य के तिब्बत स्वायत्त क्षेत्र में कैलाश पर्वत (गंग रेनपोछे)  
और मानसरोवर (मापाम युन त्सो) के लिए भारत के तीर्थयात्रियों की यात्रा को और  
सुविधाजनक बनाने हेतु भारतीय पक्षकार के अनुरोध पर, चीनी पक्षकार नाथुला दर्रे  
से होकर कैलाश मानसरोवर यात्रा के लिए एक नया मार्ग खोलने पर सहमत है।

यह तीर्थयात्रा (यात्रा) चीन जनवादी गणराज्य द्वारा की गई विशेष व्यवस्था के आधार पर संचालित की जाएगी और भारत गणराज्य के विदेश मंत्रालय द्वारा आयोजित की जाएगी।

## अनुच्छेद 2

इसपर विचार करते हुए कि बड़ी संख्या में भारतीय तीर्थयात्री टूर ऑपरेटर्स और ट्रेवल एजेंटों के माध्यम से कैलाश पर्वत (गंग रेनपोछ) और मानसरोवर (मापाम युन त्सो) की यात्रा करते हैं, दोनों पक्षकार भारत गणराज्य के विदेश मंत्रालय द्वारा आयोजित भारतीय तीर्थयात्रा (कैलाश मानसरोवर यात्रा) को प्रभावित किए बिना, एक दूसरे के विनियमों तथा प्रक्रियाओं के अनुरूप ऐसे तीर्थयात्रियों को नाथुला दर्रे के मार्ग से चीन में प्रवेश करने या बाहर निकलने की अनुमति देने के तौर-तरीकों पर चर्चा करने पर सहमत हैं।

## अनुच्छेद 3

दोनों पक्षकार भारतीय तीर्थयात्रियों के लिए नाथुला दर्रे से होकर चीन में प्रवेश करने या बाहर निकलने के तौर-तरीकों के कार्यान्वयन का खाका राजनयिक माध्यमों से तैयार करने पर सहमत हैं।

## अनुच्छेद 4

यह समझौता जापन हस्ताक्षर किए जाने की तारीख से प्रभावी होगा और पांच वर्ष की अवधि के लिए लागू रहेगा, और एक बार में आगे पांच वर्षों की अवधि के लिए स्वतः बढ़ जाएगा जब तक कि दोनों में से कोई एक पक्षकार इसे समाप्त करने की अपनी मंशा का लिखित नोटिस, कम से कम छह माह पूर्व, दूसरे पक्ष को नहीं देता है।

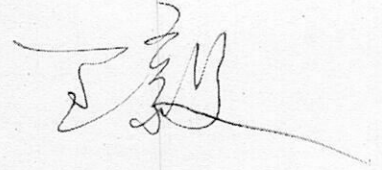
दोनों पक्षकार लिखित सहमति से इस समझौता जापन को संशोधित और अनुपूरित कर सकते हैं।

दोनों पक्षकार लिखित सहमति से इस समझौता ज्ञापन को संशोधित और अनुपूरित कर सकते हैं।

18 सितंबर, 2014 को नई दिल्ली में हिन्दी, अंग्रेजी और चीनी भाषा में दो-दो प्रतियों में हस्ताक्षरित, सभी तीनों पाठ समान रूप से प्रामाणिक हैं। भिन्नता की स्थिति में अंग्रेजी पाठ मान्य होगा।



भारत गणराज्य के विदेश मंत्रालय की  
ओर से  
नाम: श्रीमती सुषमा स्वराज  
पदनाम: विदेश मंत्री



चीन जनवादी गणराज्य के विदेश  
मंत्रालय की ओर से  
नाम: श्री वांग यी  
पदनाम: विदेश मंत्री

**Memorandum of Understanding between the Ministry of External Affairs of the Republic of India and the Ministry of Foreign Affairs of the People's Republic of China on Opening a New Route for Indian Pilgrimage (Kailash Mansarovar Yatra) to the Tibet Autonomous Region of the People's Republic of China**

The Ministry of External Affairs of the Republic of India and the Ministry of Foreign Affairs of the People's Republic of China (hereinafter referred to as "the two sides"),

**Recalling** the decision taken by the two sides in 1981 to resume Indian Pilgrimage (Kailash Mansarovar Yatra) through the Lipulekh Pass/Qiangla and the Protocol between the Ministry of External Affairs of the Republic of India and the Ministry of Foreign Affairs of the People's Republic of China on Indian Pilgrimage (Kailash Mansarovar Yatra) to the Tibet Autonomous Region of the People's Republic of China of 20 May 2013;

**Acknowledging** the cooperation extended by the People's Republic of China and the relevant authorities of the Tibet Autonomous Region of the People's Republic of China in arranging the pilgrimage every year;

**Taking cognizance** of the need to meet the demand of Indian pilgrims to the Tibet Autonomous Region of China and to further promote friendly exchanges between the two countries;

*Have agreed* as follows:

**Article 1**

Upon the request of the Indian side to further facilitate visits by pilgrims from India to Mt. Kailash (Gang Renpoche) and Mansarovar (Mapam Yun Tso) in the Tibet Autonomous Region of the People's Republic of China,

the Chinese side agrees to open a new route for Kailash Mansarovar Yatra through Nathula Pass.

This Pilgrimage (Yatra) will be conducted on the basis of the special arrangement made by the Ministry of Foreign Affairs of the People's Republic of China and organized by the Ministry of External Affairs of the Republic of India.

#### **Article 2**

Considering that a large number of Indian pilgrims visit Mt. Kailash (Gang Renpoche) and Mansarovar (Mapam Yun Tso) through tour operators and travel agents, the two sides agree to discuss modalities to allow such pilgrims to enter or exit China through Nathula Pass in accordance with each other's regulations and procedures, without affecting the Indian Pilgrimage (Kailash Mansarovar Yatra) being organised by the Ministry of External Affairs of the Republic of India.

#### **Article 3**

The two sides agree to work out the implementation modalities for Indian pilgrims entering or exiting China via Nathula Pass through diplomatic channels.

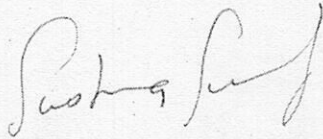
#### **Article 4**

This Memorandum of Understanding will come into effect from the day of signing and shall be valid for a period of five years and shall be automatically extended for a further period of five years at a time, unless either of the two sides gives to the other a notice, in writing, six months in advance of its expiry, of its intention to terminate the Memorandum.

The two sides can modify and supplement the Memorandum of Understanding through written consent.

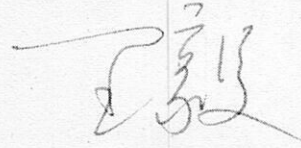
Signed in duplicate in New Delhi on the 18<sup>th</sup> of September 2014 in Hindi, English and Chinese languages, all three being equally authentic. In case of divergence, the English text shall prevail.

**For the Ministry of External Affairs  
of the Republic of India**



**Name: Smt. Sushma Swaraj  
Designation: External Affairs  
Minister**

**For the Ministry of Foreign  
Affairs of the  
People's Republic of China**



**Name: Mr. Wang Yi  
Designation: Minister of Foreign  
Affairs**

印度共和国外交部和中华人民共和国外交部  
关于增开印度香客赴中国西藏自治区朝圣路线  
的谅解备忘录

印度共和国外交部和中华人民共和国外交部（以下称  
双方），

忆及双方 1981 年关于恢复印度香客通过强拉山口赴中  
国西藏自治区神山圣湖朝圣的决定，以及双方于二〇一三  
年五月二十日签署的《印度共和国外交部和中华人民共和国  
外交部关于印度官方香客赴中国西藏自治区朝圣的议定  
书》；

感谢中华人民共和国外交部和西藏自治区各级政府在  
每年安排香客朝圣方面给予的合作；

为满足印度香客赴中国西藏自治区朝圣的需要，进一  
步促进两国友好往来；

达成协议如下：

### 第一条

应印方请求，为进一步便利印度香客赴中国西藏自治区冈仁波齐山（神山）和玛旁雍错湖（圣湖）朝圣，中方同意增开经乃堆拉山口入出境的朝圣路线。

上述朝圣将在中华人民共和国外交部作出特殊安排的基础上，由印度共和国外交部统一组织。

### 第二条

考虑到每年均有大批印度香客通过旅游途径自费赴神山圣湖朝圣，双方同意在不影响官方香客团的前提下，研究按照各自国家有关规定和程序，允许印度民间香客经乃堆拉山口入、出境事宜。

### 第三条

双方同意，通过外交渠道制定印度官方香客经乃堆拉山口入出境到神山圣湖朝圣的具体实施办法。

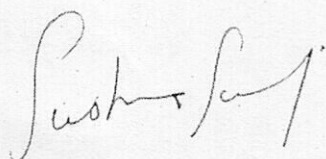
### 第四条

本谅解备忘录自签字之日起生效，有效期五年。在本

谅解备忘录有效期满六个月前，如果任何一方未以书面形式通知另一方要求终止本谅解备忘录，则本谅解备忘录的有效期将自动延长五年。

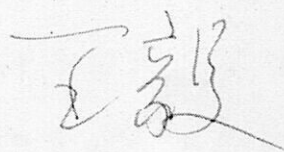
经双方书面同意，可对本谅解备忘录进行修改和补充。

本谅解备忘录于二〇一四年九月十八日在新德里签订，一式两份，每份均用印地文、中文和英文写成，三种文本同等作准。如对文本的解释发生分歧，以英文本为准。



印度共和国外交部

代表



中华人民共和国外交部

代表

**CONSENT FORM**

**CONSENT FORM TO BE FILLED BY THE KAILASH MANASAROVAR YATRI**

1. NAME OF YATRI :
2. FATHER'S NAME :
3. DATE OF BIRTH :
4. ADDRESS :  
(WITH STATE AND PIN NO.)
5. TELEPHONE (WITH CODE) :  
MOBILE NO. :
6. OCCUPATION :
7. PASSPORT NO :  
DATE OF ISSUE :  
PLACE OF ISSUE :  
VAILD UPTO :
8. NEXT OF KIN TO BE INFORMED :  
IN CASE OF EMERGENCY :

I, \_\_\_\_\_ understand that Kailash Manasarovar Yatra involves high altitude trekking under inhospitable conditions which may pose serious risk to person of the Yatri. I am undertaking the Kailash Manasarovar Yatra at my own volition, cost, risk and consequences.

I hereby undertake that in case of loss of my life on Chinese territory during Yatra, the decision regarding cremation of mortal remains at site (i.e. Chinese territory) shall be left to Liaison officer of the batch who will not be bound to seek prior consent of my family members or relatives.

I further undertake that without prejudice to the foregoing, all claims, disputes, differences shall be subject to the Jurisdiction of Courts in New Delhi only.

DATE :

(SIGNATURE OF YATRI)

PLACE :

Full name in BLOCK LETTERS: .....  
Registration No. ....  
Batch No. ....

(SIGNATURE OF SPOUSE/NEXT OF KIN)

Full name in BLOCK LETTERS: .....

## INDEMNITY BOND

(On a non-judicial stamp-paper of Rs.10/- if executed within the Union Territory of Delhi or on a stamp-paper of the value prescribed by the concerned State Government)

### INDEMNITY BOND

WHEREAS the Government of India in consultation with the Government of People's Republic of China has arranged pilgrimage of Indian citizens to Kailash/Manasarovar.

WHEREAS the executant Shri/Smt./Km. \_\_\_\_\_ son/daughter/wife of Shri \_\_\_\_\_, resident of \_\_\_\_\_ a citizen of India (hereinafter called heirs, legal representative and assignees) has made an application for joining the pilgrimage to Kailash-Manasarovar.

WHEREAS the applicant has agreed to abide by the terms and conditions prescribed by the Government of India of his own free will, voluntarily and without any coercion or pressure of any kind.

WHEREAS the rules prescribed by the Government of India require an Indemnity Bond to be executed by the applicant.

### THIS BOND WITNESSETH AS FOLLOWS

In consideration of the President of India (hereinafter called the Government) having agreed to assist in the arrangement for the pilgrimage of the applicant to Kailash-Manasarovar the above-mentioned applicant agrees to abide by the following conditions:

- (1) That the Indian Mountaineering Foundation (IMF) has recognised the Kailash Manasarovar Yatra as a trekking expedition and it may involve high risk to the person or property of the applicant caused by any natural calamity or due to any other reason.
- (2) That the applicant is joining the aforesaid pilgrimage of his/her own free will and on his/her own personal risk and consequences and undertakes to bear all expenses for the pilgrimage.
- (3) That the applicant shall abide by the rules, regulations/terms and conditions prescribed by the Government of India and undertake to hold himself/herself responsible for any breach or violation thereof.
- (4) That the applicant or his/her legal representative will not hold the Government of India liable in any manner whatsoever in the event of any accident or any untoward happening that may result in injury to the applicant or damage or loss of property to the applicant of any nature due to any natural calamity or due to any other reason whatsoever.
- (5) That the applicant or his/her legal representative will not claim from the Government of India any damages in the event of any loss or damage to his/her person or property including death.
- (6) The above-named applicant hereby further agrees that this Indemnity Bond shall remain in full force and effect during the period of the aforesaid pilgrimage and for a period of one year thereafter and that shall continue to be enforceable till all the dues of the Government and all claims raised by the Government under/or by virtue of the aforesaid undertaking have been fully paid and its claims satisfied

or discharged or till the Government certifies that the rules and regulations have been fully and properly carried out by the applicant and accordingly discharges the Indemnity Bond.

(7) That the above named applicant hereby further agrees with the Government that he/she shall not be allowed to proceed further and shall have to return from the pilgrimage if the Government is satisfied that he/she is unfit to proceed further at any time or stage of the pilgrimage. The above named applicant further agrees that in the event of his/her not being allowed to proceed and having to return from the pilgrimage, no money deposited by the aforesaid applicant for the purpose of pilgrimage will be refunded to him/her.

(8) The above named applicant hereby agree that he / she will abide by the scheduled route or scheduled halts as issued by the Government of India, and that he /she or his/her legal representative will not hold the Government of India liable in any manner whatsoever in the event, if he /she do not conform to the scheduled route or scheduled halts as provided by the Government.

(9) That the above named applicant further agrees to refund the entire sum in foreign exchange which was sanctioned for the pilgrimage to the Government of India's Reserve Bank, if he/she does not proceed or return from the pilgrimage at any stage of the pilgrimage.

(10) That the above named applicant further agrees with the Government that the Government shall have the fullest authority without his/her consent and without affecting in any manner his/her obligations hereunder to vary any of the rules and regulations according to the circumstances from time to time and to forebear or enforce any of the terms and conditions of the said agreement and he/she shall not be relieved from his/her liability by reason of any such variation.

(11) The applicant undertakes that he/she will bear full responsibility for expenses on emergency medical as well as emergency air evacuation, if the need arises during the Yatra.

(12) This Indemnity Bond will not be revoked by any change of circumstances.

(13) The above named applicant lastly undertakes not to revoke this Indemnity Bond during its currency except with the previous consent of the Government in writing.

In witness whereof the above named applicant has executed this Indemnity Bond at \_\_\_\_\_ (Place) on this \_\_\_\_\_ (date) day of \_\_\_\_\_ (month) of 2014.

WITNESSES

EXECUTANT

1.

2.

(To be attested by First Class  
Magistrate or Notary Public)

**UNDERTAKING**

**UNDERTAKING BY THE YATRI IN CASE OF EMERGENCY HELICOPTER EVACUATION**

1. NAME OF YATRI :
2. FATHER'S NAME :
3. DATE OF BIRTH :
4. ADDRESS (WITH STATE AND PIN NO.) :
5. TELEPHONE (WITH CODE) :  
MOBILE NO. :
6. OCCUPATION :
7. PASSPORT NO :  
DATE OF ISSUE :  
PLACE OF ISSUE :  
VAILD UPTO :
8. NEXT OF KIN TO BE INFORMED IN CASE OF EMERGENCY :

I, \_\_\_\_\_ understand that Kailash Manasarovar Yatra is a high altitude trekking expedition under inhospitable conditions which may involve serious risk to person/property of the yatri. I am undertaking the Kailash Manasarovar Yatra at my own volition, cost, risk and consequences.

I undertake that I will bear full responsibility for expenses on emergency medical treatment, if the need arises during the Yatra.

I undertake to bear full responsibility for expenses on emergency medical air evacuation which could run into lakhs of rupees, if the need so arises during the Yatra.

DATE:

(SIGNATURE OF YATRI)

PLACE:

(Full name in Block Letter) .....

Batch No. ....

Registration No. ....

## FAQ's

Q:	Are foreigners with PIO/OCI status eligible to undertake the Kailash Manasarovar Yatra ?
Ans:	An Indian citizen, holding a valid Indian passport, aged minimum 18 years and maximum 70 years as on 1st January of the year, is eligible to apply for the Yatra. Those who hold foreign nationalities are not eligible. OCI card holders are, therefore, ineligible.
Q:	Similar Yatras are conducted by other private agencies, which complete in only 14 days. What is the difference between the one conducted by the Government of India and those conducted by private agencies?
Ans:	There are no private agencies that conduct the Kailash Manasarovar Yatra on these two routes via Lipulekh Pass (Uttarakhand), and Nathu La Pass (Sikkim), hence there is no comparison. Yatris on these two routes traverse through numerous touristic and religious places with scenic and mesmerizing beauty, providing splendid views of mountain peaks and famed flora of Kumaon region of Uttarakhand and Sikkim which is unique to these areas. Also, the number of days of the Yatra affords appropriate acclimatization process to withstand the inhospitable conditions en route; because hasty ascent to high altitudes may cause severe high altitude sickness, which can prove life threatening. In addition, the Yatra requires 4 days to be spent in New Delhi for completing various formalities. Depending upon the route opted, it takes about 23-25 days to cover the whole Yatra.
Q:	Is there any subsidy given to Kailash Manasarovar Pilgrims?
Ans:	No subsidy or financial assistance is provided by Ministry of External Affairs. Some state governments are known to provide varied types of assistance to their residents to cover a part of their Yatra expenses.
Q:	If the spouse has also filled the form, will he/she directly be selected if the other member is selected through the

	computerized draw of lots.
Ans:	Applications for both persons have to be completed on-line together before the last date, otherwise the incomplete application would be rejected.
Q:	Are officers posted in Indian Missions abroad eligible to be appointed as Liaison Officers? If an officer were to move abroad after selection as LO, will he/she still be eligible to officiate as LO?
Ans:	There is nothing to prohibit the members of the Indian Missions/Posts abroad from being appointed as LO. Administrative sanction of the concerned Ministry/Mission is necessary before an officer is considered for interview for selection as LO. In the eventuality of moving abroad on a foreign assignment after selection as LO, the selected LO will need clearance from HOM and the Administrative Ministry before performing his/her duty as LO.
Q:	Are the food and accommodation arrangements made during the Yatra? What is the estimated expenditure per Yatri?
Ans:	On the Indian side of the Yatra, KMVN or STDC makes the transport, logistical, and food arrangements for the Lipulekh and Nathu la routes respectively. In Tibet, the TAR authorities provide accomodation and logistical support. For details please see the webpage "Fees and Expenditure for Yatri".
Q:	If the Body Mass Index (BMI) of a person is over 25, will he/she be rejected in medical test?
Ans:	Fitness for the Yatra depends on many other factors of one's health. If a person is otherwise found fit and healthy after comprehensive medical examinations, doctors may not be rigid about his/her BMI. Nevertheless, one should try, in the meanwhile, to bring down the BMI level to 25 or less to add to overall fitness.
Q:	Why are Yatris required to undergo and qualify detailed medical examinations at the Delhi Heart and Lung Institute and the ITBP Base Hospital?

Ans:	Yatris are required to trek through high altitudes upto 19,500 ft. In such places, oxygen is less and the atmospheric air is at low pressure and people suffer due to effect of Hypoxia (low level of oxygen). In the rarefied atmospheric conditions, Yatri may develop diseases like pulmonary edema/cerebral edema and acute mountain sickness, etc. Individuals who are suffering from coronary artery diseases, various lung diseases like bronchial asthma, hypertension and diabetes, may collapse. Therefore, Yatris are screened thoroughly before they are inducted into high altitudes.
Q:	Will the medical examinations, conducted at the Delhi Heart and Lung Institute and the ITBP Base Hospital, guarantee that Yatris will not suffer from pulmonary oedema, etc?
Ans:	No. it is not a guarantee. The medical tests are only for determining fitness levels. A person may still become a victim of high altitude diseases if they do not take proper precautions and follow the recommended procedures for high altitude acclimatization.
Q:	Is there any age factor for Yatris ?
Ans:	It is usually recommended that person beyond the age of 70 years should not be inducted into high altitudes, as they generally cannot acclimatize properly and cope with the stress at such advanced age. It is also observed that some young persons in age group of 19-30 years are more prone to high altitude sickness than persons in older age groups.
Q:	Why are younger persons more prone to HAPE or HACE ?
Ans:	Exact cause is not known. It is believed that younger persons are less inclined to respect the rules of acclimatization due to a false sense of bravado.
Q:	If a Yatri has been to high altitude previously and had an uneventful stay there, does he still need to undergo the prescribed medical examinations?
Ans:	That is all the more reason for the detailed medical examinations, as it is seen that persons who are inducted second or third time

	are more prone to high altitude diseases than the first timers.
Q:	How can one become a fit Yatri?
Ans:	A Yatri should be free from all major ailments like heart diseases, asthma, epilepsy, diabetes, hypertension, menstrual disorders, cancer, etc. Yatris are advised to bring their weight to average standards (BMI 25), exercise regularly, do breathing exercises, and quit tobacco, alcohol, etc. A doctor may be consulted to rule out any ailments that may render one unfit for the Yatra.
Q:	Are the medical examinations carried out at the Delhi Heart and Lung Institute and the ITBP Base Hospital in New Delhi, the only medical examinations that the Yatris have to undergo and qualify?
Ans:	There is also a second medical check at Gunji (altitude of 3,220 metres) on the Lipulekh route; and at Sherathang (altitude 4115 metres) on the Nathula route, to assess body reaction to high altitude. Only those Yatris who are found fit there, are allowed to proceed further.
Q:	What happens if a Yatri falls sick en route?
Ans:	If a Yatri suffers from minor ailments, there are medical and paramedical staffs on the Indian side to provide relief. ITBP is adequately equipped to provide immediate medical assistance. But for any major health problem, he/she may need to be evacuated to a hospital by helicopter at his/her own cost. Helicopter evacuation depends on weather conditions which is unpredictable at high altitudes. On the Chinese side due to difficult climatic and geographical conditions, such evacuation may take time - due to administrative procedure. Therefore, Yatris should ensure that they are truly confident of their health and physical fitness before they undertake this Yatra.
Q:	Should Yatris carry the prescribed medicines, which they have been taking regularly on the advice of their doctors?
Ans:	Yes. Yatris are advised to take requisite stock of their prescribed medicines for the duration of the Yatra. They may discuss this matter with the ITBP doctors also.

Q:	Do Yatris need to pay for the medical tests at the ITBP Base Hospital or other places?
Ans:	No. As a courtesy, ITBP administers these tests free of charge.
Q:	Why does Kumaon Mandal Vikas Nigam Limited (KMVN), Sikkim Tourism Development Corporation (STDC) charge non-refundable Confirmation Amount from Yatris ?
Ans:	KMVN and STDC provides logistical support to Yatris on the Indian side of the Yatra. The arrangements for food, lodging, transportation, etc. is arranged and paid in advance. As a result, even if one does not perform the Yatra eventually, this expenditure cannot be reimbursed.
Q:	Are the medical reports from other Government/ Private hospitals accepted to qualify for the Yatra?
Ans:	The Kailash Manasarovar Yatra is very arduous and physically challenging Yatra. Yatris have to trek through areas which are as high as 19,500 feet in altitude under inhospitable conditions. There is a risk to person's life. Keeping in view the special requirements of the Yatra, Yatris are required to undergo and qualify tests at the Delhi Heart and Lung Institute and the ITBP Base hospital in New Delhi. The reports of other hospitals are not accepted so as to ensure that Yatris undergo uniform medical examinations for the Kailash Manasarovar Yatra, and to determine fitness levels.
Q:	If any Yatri is rejected on medical ground, can he/she be considered for a subsequent batch on recovery from the medical conditions ?
Ans:	No. The Kailash-Manasarovar region hardly has any medical facilities on the route and it is very difficult to airlift a person for immediate specialized medical treatment. Therefore, as a measure of caution and prudence, if a Yatri is once declared medically unfit, he/she is advised not to participate in the Yatra during that year in his/her own interest.
Q:	Do NGOs and voluntary organizations have any role to play in Kailash Manasarovar Yatra organized by the Ministry of External

	Affairs ?
Ans:	NGOs and voluntary organizations are known to play an important role in any society. Some NGOs are known to provide material aid in the form of equipment or food items etc. It is up to the individual Yatri to accept their help. The Ministry of External Affairs does not appoint or authorize any NGO, voluntary organization, or individual for the work relating to the Kailash Manasarovar Yatra.
Q:	What are the parameters or condition for selection of Yatris ?
Ans:	Selection is subject to age limits of the applicants, and other conditions given in Eligibility conditions, Please read the information contained in the webpage "Selection Process", and "Medical Tests".
Q:	How much of trekking is involved in the route via Nathu la?
Ans:	Nathu la is a motorable route and involves comparatively very little trekking of about 35-40 kms for the Kailash Parikrama only.
Q:	Is Mount Kailash Parikrama the only trekking involved in the Yatra? Or, is there any additional trekking involved during the entire Yatra?
Ans:	Currently there is a trekking of about 200 km on the Lipulekh route, and about 35km through Nathu la route during the whole Kailash Manasarovar Yatra. For details please see the itinerary on the website.
Q:	As Nathu la is a motorable route, is a person above 70 years, who is medically fit, allowed to go on Yatra?
Ans:	It is recommended that the person beyond the age of 70 years should not be inducted into high altitudes, as one cannot generally acclimatize properly and cope with the stress at such advanced age.
Q:	Is a person living in Sikkim allowed to start the yatra from Gangtok ?
Ans:	All the Yatries have to undergo mandatory medical tests at DHLI,

	and ITBP Base Hospital, and complete the Chinese visa formalities in New Delhi. Therefore their presence is required in Delhi.
Q:	Will any amount paid to the concerned service provider in India be refunded later ?
Ans:	The Confirmation Amount paid is non-refundable if the Yatri is confirmed in any batch, as mentioned in "Fee and Expenditure for Yatri". Any amount paid thereafter at any stage after confirmation, or during the Yatra is non-refundable even if the services have not been utilized.
Q:	Are Yatris allowed to visit places not in the itinerary ?
Ans:	Visits to places not in the itinerary is not allowed, because deviation is not allowed for reasons of safety, scheduled timings, and in the common interest of the entire batch.
Q:	Is any action taken against a Yatri who violates the rules and regulations to be followed during the Yatra?
Ans:	It is expected that every Yatri follows all the rules and regulations to be followed during the Yatra. Yatris are expected to conduct themselves responsibly to avoid any danger not only to their own person but also ensure the safety and security of fellow Yatris during the Yatra. They should attach utmost importance to the safety precautions as prescribed by the Ministry of External Affairs and also follow the instructions issued by the Liaison Officer and other governmental authorities who are responsible for the smooth conduct of the Yatra. Any instance of indiscipline that jeopardises the safety of fellow Yatris, wilful deviation from prescribed itinerary, breach of instructions laid down in the relevant 'Guide for Yatris', and deliberate violation of instructions/advisory issued by the Liaison Officer or the local authorities would attract penalty as prescribed by the Disciplinary Committee constituted by the Ministry of External Affairs.
Q:	What are the likely consequences in case of such delinquent behaviour?
Ans:	Based on the severity of the delinquent act, the penalty may vary from a simple warning to holding back the Yatra Completion

	<p>Certificate and blacklisting from all future Yatras. In cases where the Yatri resorts to gross indiscipline and cause physical harm to fellow Yatris or accompanying governmental officers, appropriate action may be taken by the local authorities, including filing of police complaint and prosecution as per the legal procedure. Yatris may note that the Kailash Manasarovar Yatra is a difficult Yatra. There may be unforeseen delay due to climatic and other natural factors. Under such circumstances, it is important to follow the advice of local authorities. Acts such as threatening the local authorities and Liaison Officer to proceed with the Yatra under unfavourable weather conditions or provoking fellow Yatris to resort to strike, hunger-strike, bringing external pressure or any act seeking to pressurise or bodily harm the authorities compelling them to continue the Yatra under unfavourable weather conditions is a serious cognizable offence and may invite legal proceedings. Therefore, Yatris are advised to strictly abide by the rules and regulations and cooperate with each other as well as with the Liaison Officer and the local authorities to facilitate the smooth conduct of the Yatra for their Batch.</p>
Q:	Which agency is responsible for providing logistical support to the Yatris?
Ans:	The Kumaun Mandal Vikas Nigam (KMVN) is responsible for the logistical arrangements on the Lipulekh Route, while the Sikkim Tourism Development Corporation (STDC) provides these facilities along the Nathu La Route. These agencies are responsible for providing the facilities on the Indian side. The logistical facilities, inter alia, include coordinating with the Yatris, sending confirmation to the Yatris based on their position in the waiting list, answering telephone queries from the Yatris, checking the online Yatri application details and carrying out corrections etc.
Q:	How are the logistical service providers paid?
Ans:	Yatris are required to make the payment for the aforementioned facilities directly to the service providers i.e. KMVN or STDC. The Ministry of External Affairs does not charge/receive any payment from the Yatris.
Q:	Is the Yatra fee refunded in case any Yatri is unable to undertake

	the Yatra? What is the procedure for getting the refund?
Ans:	<p>The confirmation amount, of Rs. 5000/- received from a wait-listed Yatri is non-refundable if the Yatri is confirmed in any Batch. However, if a wait-listed Yatri is not confirmed in any Batch, the refund is permissible. The requests for refund w.r.t the wait-listed Yatris who do not get confirmed are processed only after all the batches have completed the Yatra. It may be noted that MEA does not receive any fee etc. from any Yatris and therefore does not process refund to the Yatris or maintain account of such payment or refunds. To request for refunds or queries pertaining to the refund status, Yatris may directly contact KMVN or STDC. The contact details of KMVN and STDC are provided in the 'Yatri Information Guide'. This notwithstanding, any message received in MEA pertaining to payment or refund is forwarded to the service provider (KMVN/STDC) concerned. MEA does not provide any further assistance for processing of payment or refund.</p>
Q:	Is expenditure incurred by any applicant for medical examination refundable in case they are unable to perform the Yatra despite being selected?
Ans:	Expenditure incurred by applicants for their medical examination is non-refundable, irrespective of whether or not they actually perform the Yatra.

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KAILASH MANASAROVAR YATRA

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## Who is Eligible

- Must be citizen of India.
- Possess an Indian passport valid for minimum 6 months as on 1st September of the current year.
- Age should be minimum 18 and maximum 70 years as on 01 January of the current year.
- Body Mass Index (BMI) of 25 or less.
- Physically fit and medically healthy for undertaking the Yatra for religious purpose.
- Foreign nationals are not eligible to apply; OCI card holders are, thus, not eligible.

### Download and View

Yatri Conduct and Discipline click here  
(/kmy/download?

lang=en&fname=yatri\_conduct\_dicipline\_file)

Medical Test for the Yatra click here (/kmy/download?  
lang=en&fname=medical\_file)

Indian Mountaineering Foundation circular click here  
(/kmy/download?

lang=en&fname=Indian\_Mountaineering\_Foundation)

DoPT circular on special leave to Govt. Officials click  
here (/kmy/download?

lang=en&fname=Special\_Casual\_leave)

**CONDITIONS:-** Applicants may carefully note the following conditions before applying for the Yatra:

Discontinuation of hand written Passport click here  
(/kmy/download?  
lang=en&fname=Discontinuation\_of\_hand\_written\_Passport)

- (a) Incomplete applications are liable to be rejected and will not be included in the computerized draw.
- (b) Incorrect or false information in the application form will be ground for disqualification at any stage, including during the Yatra.
- (c) It is the applicant's responsibility to feed accurate information, complete in every respect including name spellings, date of birth, etc.
- (d) Should not suffer from medical conditions such as high blood pressure, diabetes, asthma, heart disease, epilepsy, etc.
- (e) Selected applicant will need to undergo and qualify specified medical examinations conducted by the Delhi Heart and Lung Institute, and the ITBP Base Hospital in New Delhi for high altitude endurance
- (f) Any Yatri found medically unfit for high altitude endurance at any stage will not be permitted to continue the Yatra. [Please see (/kmy/download?lang=en&fname=medical\_file) Medical Tests conducted by Delhi Heart & Lung Institute (DHLI)].
- (g) Any Yatri disqualified on medical and/or other grounds at any stage of the Yatra will forfeit the Confirmation Amount and other payments made earlier.
- (h) The Yatra batches will leave on scheduled dates even if any selected Yatri is unable to join the group as per scheduled itinerary.
- (i) Applicants going for the first time would be accorded priority over those who have already been for the Yatra organized by the Ministry in any previous year.
- (j) There would be a moratorium on applicants who have already been on this Yatra organized by this Ministry more than four times in previous years. The decision of the competent authority in this Ministry would be final, and no representation in this regard would be entertained.
- (k) Applicants against whom any legal or executive sanction is in force, or which debars the person from travelling abroad would not be eligible to apply for the Yatra.

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## Applying for Kailash Manasarovar Yatra

### Before filling the online application:

- Read all information on eligibility, and Conditions related to the Yatra. [click here \(/kmy/selectionProcessPage?lang=en\)](#)
- Ensure that Acrobat Reader is installed in your computer system. If you do not have the software, you can download it here (<http://get.adobe.com/reader/>)

### Conditions for Application

- Applicant should possess an ordinary Indian passport valid for at least six months as on 01 September of the current year.
- It is the applicant's responsibility to feed accurate information complete in every respect including name spellings, date of birth etc.
- Incorrect or false information, concealing any material facts in the application form will be ground for disqualification at any

### Download forms

- **UNDERTAKING(Helicopter Evacuation)** [\(/kmy/download?lang=en&fname=helicopter\\_undertacking\)](#)
- **INDEMNITY BOND** [\(/kmy/download?lang=en&fname=yatri\\_indemnitybond\)](#) [\(/kmy/worddownload?lang=&fname=yatri\\_conduct\\_dicipline\\_file\)](#)
- **CONSENT (For Cremation)** [\(/kmy/download?lang=en&fname=yatri\\_consent\\_print\)](#)

stage, including during the Yatra. All payments made earlier will, thus, be forfeited.

(d) Applicants are required to indicate their choice for both the routes in the order of their preferences.

(e) Applicants can also select a place as END-POINT to terminate their Yatra on return leg:

(i)Route-1 (Lipulekh): DHARCHULA or DELHI.

(ii)Route-2 (NathuLa): GANGTOK or DELHI.

(f) All fields in the application format are compulsory.

**keep the following items ready:**

- Scanned copy of passport size photograph (in JPG format not exceeding 300 kb in size).
- Scanned copy of Passport (page containing photo & personal particulars) and last page containing family details in <.pdf> format only not exceeding 500 kb in size.
- If applying with another person, also keep ready the above items(1 and 2) for the person.

**After successful online registration of your application:**

- Take a printout of the application form and keep with you for reference.
- You will receive SMS and e-mail after successful submission of the application.

Note : In a single user account maximum two registration form can be submitted if two people want to go together in a batch.



New User?  
Register Now



Existing User?  
Login

[\( /kmy/yatriLogin?lang=en \)]((/kmy/yatriLogin?lang=en))

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## Registration

- Only serving Government officer equivalent of Under Secretary & above can apply.
- Must be physically and medically fit for high altitude endurance / trekking.
- Must be available for duty as Liaison Officer during the period June - September.
- Administrative approval of the competent authority in the Ministry/Department of the officer is compulsory before application is considered.
- It is the applicant's responsibility to feed accurate information complete in every respect, including name spellings, date of birth etc.
- Incorrect information in the application form will be ground for disqualification at any stage.
- Incomplete applications would be automatically rejected.

## To Apply

Ensure that Acrobat Reader is installed in your computer system. If you do not have it, click here (<http://get.adobe.com/reader/>)

- Upload Soft copy/scanned copy of passport size photograph (in JPG format not exceeding 300 kb in size).
- Print out of the application should be forwarded with administrative approval of the competent authority in the Ministry /Department to :

Under Secretary (EA),  
Ministry of External Affairs,  
Room No. 270-A, South Block,  
New Delhi - 110 011.



New User?  
Register Now



Existing User?  
Login

(/kmy/loLogin?lang=en)

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## Selection Process

1. **Draw of lots** :Yatris will be selected and assigned to different routes and batches by the Ministry of External Affairs through a fair computer-generated, random, gender-balanced selection process. At the application stage, a group of two persons may give the option to travel together in the same batch. Efforts will be made to accommodate such requests as far as possible, subject to eligibility conditions of each applicant. Application should be completed on-line for each applicant.

2. **Intimation**: Selected applicants would be informed through automated messages to their registered email id/mobile number after the computerized draw of lots. Status updates may also be accessed through IVRS helpline 011-24300655

### Conditions

3. A route and batch once allocated to a Yatri through the computerized process will normally not be changed. However, if there is a need for doing so, selected Yatris may request for change of batch providing justification for the same. Subject to availability of vacancy, the decision of the Ministry in this matter would be final.

4. After the computerized draw of lots, each selected applicant will be required to confirm participation by crediting the non-refundable Confirmation Amount detailed in '**Fees and Expenditure for Yatris**' (/kmy/feeStructure?lang=en) into designated bank account of the Kumaon Mandal Vikas Nigam (KMVN) or, the Sikkim Tourism Development Corporation (STDC) before the cut-off date.
5. If payment is not received by KMVN / STDC by the cut-off date, such Yatri will be automatically removed from the selected list to wait list for the batch, and request from other Yatris would be considered as mentioned in para 3 above.
6. Yatris confirmed in a batch may be required to re-confirm their participation in the batch before their arrival in Delhi for the Yatra. The reconfirmation has to be done online at the website. Failure to do so may result in cancellation of their name from the list for the batch.
7. Confirmed Yatri must report on the scheduled date & time at Delhi Heart & Lung Institute (DHLI) according to the itinerary for the batch. Failure to do so would result in cancellation of their names from that batch. All Yatris in a batch must travel together and return back with the same batch.
8. Registered/waitlisted Yatri may also report at DHLI for inclusion in a batch against any drop out, subject to availability of vacancy arising due to this reason.
9. **Important Documents** : Selected and confirmed Yatris must ensure to bring following documents with them when they arrive in New Delhi for the Yatra.
  - (i) Ordinary Indian passport, valid for at least six months as on 01 September of the current year.
  - (ii) Photograph - color, passport size (6 copies).
  - (iii) Indemnity Bond executed on a non-judicial stamp paper of Rs.100, or as applicable locally, and authenticated by a First Class Magistrate, or Notary Public.
  - (iv) Undertaking for evacuation by helicopter in case of emergency.
  - (v) Consent Form for cremation of mortal remains on Chinese side in case of death there.
10. If any of the documents mentioned in para 9 above are not submitted, or not in conformity to the requirement for the current year, or deficient in any aspect; the Yatri may not be allowed to proceed for the Yatra. The decision of the Ministry in this matter would be final, and no representation would be entertained in this regard.

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